

VOL. XXIII NO. 1

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Lily Dale, N. Y.
**THE
STELLAR**



A MAGAZINE FOR THE PEOPLE

Devoted to a Solution of the Practical Problems of Life
in the Light of Science, Occultism and Philosophy



Nature is a Unity in diversity of manifestation, one stupendous
whole, animated by the breath of life.

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SCIENCE AND KEY OF LIFE

A Twentieth Century Work of Great Importance to Humanity,
== Whereby Light is Thrown Upon All Problems of Life ==

SCIENCE AND KEY OF LIFE



PLANETARY INFLUENCES

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HENRY CLAY HODGES

It is impossible to give a cursory sketch, within a few pages, that will convey to the mind of the reader more than a faint idea of this important work, or of its value both as a revealer of scientific truth, and as an inspiration to acquire knowledge regarding a great science heretofore but little understood, although of vital importance to each individual life; however, we ask your attention to a brief survey of the different volumes of the grand work:—

SCIENCE AND KEY OF LIFE

VOLUME I

Volume 1 of this work, introduces the reader to the subject of Planetary Influences, Electric and Magnetic, Defines Fate, shows that "thought is the Builder," and that each individuality is a law unto itself.

"Divine Years" and Ages, The Pyramids and the mathematical principles upon which they were built; an Elysian mystery is explained, and the wonderful phenomena of the variable stars, among them the Star of Bethlehem, form chapters as full of interest as the tales of the Arabian Nights.

The impossibility of annihilation and the secret of happiness are subjects of profound interest.

This volume contains horoscopal figures of Oliver Cromwell and William Shakespear, of Napoleon III., of P. B. Shelley, and Emile Zola, which cannot fail to be of great assistance and interest to students of Stellar Science.

The effect of different Polarizations of Sun and Moon on character form chapters of vital importance. This science substantiates through the working of divine law all of the ethical teachings of the Nazarene.

The esoteric side of astral science is presented and it is but inadequately described when we state that volume 1 introduces the reader to a new and marvelously interesting field of thought, broadening and elevating beyond expression.

VOLUME II

This volume contains 245 pages of subject matter whose interest grows upon the reader as he follows the author through chapters upon the life principle and health, the several parts of the body as governed by certain signs; the influence of the Natal Star, "for every human soul there is a Natal Star; sooner or later each one shall set out in search of his Natal Star."

This volume contains a horoscope of Jesus of Nazareth and the truth regarding his supposed supernatural birth is clearly revealed.

Horoscopes of Marie Antoinette, George Washington, Lord Byron, Michael Angelo, Napoleon I. and Charles Guiteau. Chapters containing marvelous information relating to musical tones; color vibrations; their connection with Planetary Action; their wonderful symbolism of Human Progress. Genesis explained and illustrated. The successive gaseous, vegetable and animal waves that appeared upon the earth. Anyone interested in studying life's great problems will receive new light of incalculable value in possessing these volumes.

VOLUME III

The third volume contains a complete Astrological Dictionary in addition to chapters on eclipses and their effect in various signs, also the sun and moon, together with chapter on Election and Horary Astrology, and the strength and influence of each planet, the sphere and orbit of each, as well as examples for taking sidereal time.

Horary Astrology is fully elucidated.

This volume shows the auspicious times for commencing any business or other undertaking. It also contains tables giving the rule of the planets each hour of the day, with numerous charts and examples, also how to reduce mean to sidereal time. Colors of the different planets and Zodiacal signs are given. It also contains a valuable treatise upon marriage.

VOLUME IV

This volume is in itself a great work containing about 350 pages.

It is compiled in four parts.

Part one contains eight chapters of intensely interesting information regarding the faces of the signs and the effect on character indicated by the planets when posited in the twelve houses and signs. These chapters must be read to be appreciated and to give the reader an idea of their interest and value we quote the fol-

lowing passage from chapter one:

"The first face of Aries is martial, giving fearless, courageous ambition, one able to lead and command others; quick and ingenious and generally a very impressive speaker."

" * * * The third face of Aries is a face of change and lively fancy. There is a love of fame and activity unrelenting, makes many changes in life."

From chapter two:

"When Saturn is posited in the first house the native is diplomatic, though very suspicious and distrustful. He is liable to be gloomy and retiring at times, and while he has many acquaintances he has few intimate friends. His friends are apt to be distant from his home; he makes their friendships through letters, writings, journeys and also through the father and elderly persons and those above him in the social scale of life.

The native is apt to be brought to public notice through these sources and he possesses much ambition, love of fame and high position. He also possesses power to manage and control others, not through authority, but diplomacy. * * *

Part two contains chapters on Hindu Astrology and others relating to the periods, sub-periods and inter-periods of the planets and concerning the judgments of planetary periods.

The subject matter of part three deals with the planetary influences that dominate the physical form, have only to do with human evolution; the soul's pilgrimage through matter is graphically depicted in language that is free from the dryness of technical terms and awakens a realization of the Supreme Wisdom from which all existence flows. Every intelligent mind should come in contact with the vast field of thought which this great work opens to view.

Few people have any knowledge of the number of fixed stars—stars that seem to be stationary when viewed from our planet, and which are suns the centers of other solar systems.

Part four deals with the subject of fixed stars, giving tables of their magnitude, latitude and longitude, also the nature of their influence, which is greater in mundane affairs than in relation to those of the individual.

VOLUME V

This great work now carries the student of this divine science into realms of what may be termed the most needed practical application of Planetary Influences, viz: The physical life of mankind. Volume five deals with Astro Physiology, a science but little understood by scientists, although of the greatest importance to the evolution of humanity from the malefic conditions of disease and suffering.

The celestial influences are no less potent in the art of healing than in the art of navigation, in which it is universally known that through heavenly bodies (the sun, moon and stars), the navigator is not alone able to ascertain his whereabouts on the ocean, but the nature of the weather, the tempests, calms and atmospheric changes to which he is to be subjected.

So may the physician evolve from the practice of an art which is at present reduced to a mere practice of chance—to a truly scientific system based upon clear first principles which will invariably point to the cause of each malady, to its pro-

gression of increase and diminution, to its remedy if there be one, and how to avoid its redevelopment and to maintain good health.

This volume gives tables portraying the planetary influences upon diseases, and indicating the remedies in the form of healing plants and herbs bountifully supplied by beneficent law, to alleviate sickness and suffering in the creatures living upon this planet; the healing power of electric, magnetic, color and tone vibrations.

No physician can safely administer medicine if he be unacquainted with the science of Planetary Influences.

This important work inspires the mind to seek further knowledge of the laws that govern all life in order that health, happiness and successful achievement may be the heritage of all creatures of the earth.

Mr. Henry Clay Hodges, the compiler of this great work, has voiced the inquiries of ages of thoughtful humanity in the following question, which is answered in Science and Key of Life.

"Some are born to honor, and others to dishonor; some to wealth and others to want; some in the midst of crime, ignorance and sorrow, others envired in happy conditions: When and where is the Law of Compensation applied to equalize these conditions, or why should these things be?"

This work is published in five volumes. Price \$2.00 per volume, or \$10 the full set. Circulars sent and inquiries answered upon application to The Stellar Ray, Hodges Building, Detroit, Mich.

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The Time Has Come

Knowing that the time has come when the Science of Astrology, both Exoteric and Esoteric, should take its place in the world of mind as by far the most important factor in the future evolution of the race, the undersigned has taken it upon himself to place before the world the latest fruitage gathered from this great field of infinite truth.

Much has been written upon this science in the past, but amidst the many truths there has been much error. The object in publishing Science and Key of Life, Planetary Influences, is to present truth freed from the debris of false and biased interpretation.

Science based in nature is destined to live as long as eternal ages roll. Astrology is a science whose foundations are based upon natural philosophy. At this mistress of science, sceptics may rail, but they cannot rail the seal from off the bond. The evidence of four soul degrading principles as witnesses, viz: Sneer, Scorn, Derision, and Prejudice, has oft denounced scientific truth as heretic, but truth will triumph as long as Nature and Spirit shall exist.

H. C. H.

A FEW OPINIONS OF THE PRESS UPON THIS GREAT WORK SCIENCE AND KEY OF LIFE

Mr. H. C. Hodges, of this city, who writes under the pseudonym "Alvidas," is the author and compiler of "Science and Key of Life," a study in astro-physiology founded upon his firm faith in planetary influences as affecting for good or ill, for health or disease, the human organism. Mr. Hodges argues that man may not only read his destiny in the stars, but that their phases and relations to those arbitrary symbols called the signs of the Zodiac determine temperament and govern health. Like Hippocrates, he appears to believe that the physician cannot safely administer medicine if he is unacquainted with the fundamentals of astrology, though he does not advise the repudiation of medical art, admitting that some errors may obtain even in astral science. Thus he would have the physician cast the patient's horoscope when called in, and armed with the knowledge of "the planet, the sign and the house" governing at the time, diagnose the duration of the disease, the beneficial or malevolent influences being exerted upon it, the crisis which will occur, and the time of recovery. Thus if Mars occupies the sign Aries in the twelfth house the patient is pretty sick and likely to have a hard time of it, and should take tonics.—Review of Vol V., The Detroit Free Press.



Henry Clay Hodges, of Detroit, Mich., has been for years making scientific study of electric and magnetic influences as caused by planetary movements and the great laws of attraction and gravitation as operating through interstellar space. The effects of different polarizations of the sun and the moon produce great effects on human life. The art of navigation is closely connected, Mr. Hodges believes, with these influences and currents in aerial space. In a new work, called "Science and Key of Life," Mr. Hodges discusses these great laws from both the astronomical and the magnetic side. Electric and magnetic phenomena are shown to be related to sidereal changes. The book is one of remarkable scope and power, on both the scientific and the psychic phases of life and progress.—Lillian Whiting in New Orleans Times-Democrat.



It is a question if anything on this subject has been written which is as scientific and rational, and on so high a plane as the "Science and Key of Life."—Chicago Inter-Ocean.
The most comprehensive of all books is the one entitled "Science and Key of Life;" is intensely interesting from cover to cover, requiring but very little application to fully understand the subject.—The Psychic Era, Detroit.



This work makes the whole subject clear, puts it in harmony with modern science, illustrates it by profound philosophy and historical examples, and is in accord with all the latest developments of thought and research.—The Occult Truth Seeker.



Not the least interesting part of the work is its introduction, which serves to lift it completely above the plane of the ordinary popular works on astrology, and gives it at once a dignity, a seriousness and a dominant ethical quality that will make it appeal to earnest and impartial thinkers. . . . It is upon the basis that heat, light, color and sound are all intimately related and all dependent upon vibratory forces for their manifestation, that the author builds his entire system of color and tone scales, which constitutes the most daringly original, interesting and fascinating portions of a book which one will not wish to put down once he has commenced to read it until he has finished its concluding chapters.—Detroit Free Press.



According to Henry Clay Hodges, of Detroit, the influence of the stars is superior to all but the free will of mankind, and an astral chart will enable its owner to unfold the power within himself and combat all hostile influences. To his mind it is every one's duty to have his horoscope cast, for the reason that one's character is absolutely governed by astral influences, and crises throughout his career are almost certain to occur when the stars that governed his birth come in certain hostile or favorable juxtaposition. "Science and Key of Life" is the title of Mr. Hodges' book. It represents the study of a long life and is illustrated with numerous horoscopes of famous men, which demonstrate to the satisfaction of the author that the dominant influences of the heavens had more to do with brilliant successes or disgraceful failures than the efforts of the men themselves.—Chicago Record-Herald.

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A MAGAZINE FOR THINKERS

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HENRY CLAY HODGES, Editor

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The Human Body--A Marvelous Machine

By HENRY CLAY HODGES.

It is believed that a thoughtful consideration of the various parts and functions of the human body and their relations to each other, will awake a fuller realization of the responsibility reposed in each individual through his possession of such a wonderful instrument, subject to his control through his earth life.

The Heart.

The heart is that organ by which the blood is forced to every part of the body. It has two ventricles, the left higher than the right, and the motion of the organ is most wonderful, continuing to the utmost period of life, day and night, without interruption more than one hundred thousand pulsations a day. It is indeed a manifestation of the stupendous wisdom of the infinite which is in nothing expressed more gloriously.

The Brain.

The brain is that large nervous mass of soft matter or substance, which is not homogeneous, but presenting various appearances, a portion of which is white in color and fibrous and is termed the medullary substance and exists in the interior.

The other portion is gray in color but not fibrous in appearance, and this forms the outer portion of the brain.

These parts do not blend together, but have a perfect line of distinction.

There is no adipose or fatty matter in the skull, that is when in the normal condition.

The brain is divided into two parts and separated by a strong membrane, and each of these divisions is subdivided into three parts, termed lobes, the anterior, middle and posterior. The two parts and the organs on each side are brought into communication by fibers running transversely. The cerebellum and brain are only slightly connected. Each side of the brain and cerebellum is supplied with separate arteries conveying blood to it, while the sin-

ews are canals which return the blood to the heart.

The Stomach.

The stomach is a compound and spermatic sinewy receptacle for the food, the seat of digestion, and when it fails in its operation the whole frame is corrupted.

The stomach is muscular, very nervous and indirectly possesses sympathy with every part of the system through its connection with the brain.

The Glands.

The glands are the secreting organs which work from the blood special products, and are placed in various parts of the absorbant system.

There are those secreting the bile, others the saliva, etc., and are variously called conglomerate glands, conglobate or lymphatic glands, etc., etc.

The Nerves.

The nerves are spermatic, with central masses and carry the communication that exists between the brain and external objects.

There are the nerves of sensation, of motion and those of peculiar senses according to their functions.

The nerves of sensation come first. Sight resides in the eye, which observes and knows the disturbances and griefs, gladness and joy of the soul, such as wrath and the passions; thus the sense of seeing excels all other senses. It apprehends afar off and extends itself even to the stars.

Hearing.

The sense of hearing resides in the ears and the nerves which conduct hearing spring from the brain, and this sense possesses many important peculiarities for the service of the body.

Sight.

The sense of sight is of the greatest importance, but for the spirit, hearing has the superiority, as it is the agent, we may say,

of understanding and comprehension of the daily experiences.

In brief, science, truth and virtue find entrance to the soul through the sense of hearing.

The Sense of Smell.

From the commencement of the concavity of the nose come two sinews which convey odor to the brain, causing the sense of smell.

Taste.

Then comes the sense of taste, which resides in the palate, the roof of the mouth and the tongue; its most important office is that of choosing the most proper food for the stomach.

Touch.

The sense of touch is the fifth sense, and in fact, resides in the whole nervous system, contacting every nerve contained therein.

Holy Spirit, Mysterious all pervading and mighty guide me to use aright each golden hour of these precious days, that they may be as sunlight on my pathway of unfoldment.

Just as the normal physical hand passes from the child's growth to the adult size unnoticed, if it is normal, and only calls the attention if it is broken, diseased or distorted, just so the spiritual body grows into fuller and fuller perfection, unfolding like a glorious flower, until it bursts into heights of illumined consciousness, if it is not distorted by the pain-producing laws of the lesser understanding.—*Julia Seaton Sears, M. D.*

"A Harp of a Thousands Strings"

by HENRY CLAY HODGES.

The human organism is so delicate a construction that it is susceptible to a myriad of influences. A wise man of old called it "A Harp of a Thousand Strings," and had he said an instrument of a billion chords he would not have overstated it.

This wonderful construction is affected by the atmosphere, by the soil, by the sunlight and the shade, by sound and silence, by things past, present and to come, by that which is near and by that which is far; even to vibrations from distant suns does it mysteriously respond.

Each one of these "harps of a thousand strings" is placed in the keeping of a musician for the playing of his part in the great anthem of life. The vast orchestra of pulsating individual expression is being drilled for the perfect rendering of each note in its grand theme.

It is necessary that each musician should control skillfully this marvelous instrument that melody and not discord shall resound from his movements. So that whether it be environed in a chill atmosphere of bereavement, amid dreary monotony or peaceful activity; whether in an atmosphere of oppression, weakness, fear, rage or despair, the Master Musician shall catch the true rendering of his part in harmonious accord with His mighty guidance.

Let us realize that we have intrusted to our keeping an instrument of such superior qualities that we shall seek the assistance of almighty wisdom in the wielding of its parts.

Neglect, abuse, careless consideration? No, rather gratitude in its possession and a consecrated purpose in its every use will result in harmony, thus relating us to

grandest achievement, the reward of self-mastery.

A Master Musician.

Does someone inquire how may I become a master musician, when I am so ignorant of the rudiments of harmony? I am swayed hither and thither by conditions over which I have no control. A melancholy mood descends upon me or rises within me—I know not which—and my efforts to attune myself to cheerfulness are futile; time or altered conditions unknown to me seem to restore light to my gloom. I am the discordant note, for all that is visible is unchanged. How may gloom, dread fear or forgetfulness be transmuted into cheerful, peaceful harmony?

Follow the ensuing directions and melancholy from whatever cause will dissolve from your aura just as naturally as the sun's rays absorb the dew and rain, or dispel the darkness of night:

When the atmosphere is too humid or too cold or too dry, the true musician, who always values the instrument he uses, relaxes its tension and provides a protection from the atmospheric changes whereby the delicate tones may retain their quality.

The mind is the musician in this simile, and if sincere regard for harmony and excellence is the motive, the following practice will enable anyone to dispell the blues, fear, anger or bitterness:

Upon retiring at night, relax the tension of the nerves and muscles, breathe deep several times in this relaxed condition, then slowly inhale this thought with the breath, "*My cup is filled to the brim with the nectar of joy.*" Repeat many times until you fall asleep.

In the morning inhale the same thought, also while partaking of food through the day. Then again before you sleep, continuing the practice until the discordant condition is dispelled.

This practice has been scientifically tested and proved to be unfailing in its results when sincerely followed.

Pure Joy.

Pure joy emanates from psychic conditions which possess a marvelous potency in bringing harmony out of discord and causing health and success to become manifest in individual lives. An aura imbued

with joy, colors and tones will radiate and attract health and power to achieve just as a diamond sparkles and glows with its inherent beauty and worth. If a man desires to obtain swift and true movements from a piece of mechanism he eliminates all friction by lubrication, although he seldom uses the oil of gladness in the mechanism of his consciousness, but grinds and grates his way through life with discordant, reluctant movement.

Think joy, breathe joy, eat joy. Sleep in its vibrations and quaff it in crystal waters each day, then sickness, misery, despondency, the pangs of selfish desire will dissolve as a mist in the sunlight.

This practice is not only for happy people, that they may become more perfectly happy, but it is for those in trouble (or who think they are); and no matter what the cause, whether sickness, poverty, bereavement or any cause whatever, a conscious, sincere concentration upon joy and its entities, which are health, abundant love and usefulness, will result in relief and eventual release. If the mind is dethroned the magnetic spark which will send the joy vibrations all through the organism is burned out, then only its recharging from the eternal sources of vitality will restore the power required.

If impotency holds sway in the system, if the balance of power has been lost, the magnetic spark may not be restored until with the first conscious breath taken by the astral body.

The readers of this journal are conscientious, awakened beings; not one who may read the great truths of life as demonstrated in human experience but may become a master musician in the anthem of this grand Universe.

"I can bathe in the fullness of the Good, if I will. I can live in it if I will. I can drink from the fountain of Joy, if I will. I can be a magnet that draws only good, if I will. I can uplift mankind, if I will. I can so link myself with oneness with the Father, that this will can be my will, and the 'I will' show forth as the Father's will."—M. Evaline Davis, in "*Revelations of the Life Beautiful.*"

Scioahspe

Written for The Stellar Ray

By EDGAR LUCIEN LARKIN

The first verse of Oahspe is:—

"After the creation of man, the Creator, Jehovih, said unto him: That thou shalt know thou are the work of My hand, I have given thee capacity for knowledge, power and dominion. This was the first era."—Oahspe, 1-1.

The chief burden of Oahspe is that man was created. Every artifice known to writing, to the work of combining words, to the teaching of one thing above all others, and to the task of forcing truth into obdurate and rebellious minds, is employed throughout the great book to impress the mentality of man that he is a created being.

In this wonderful first verse, it is taken for granted that man instinctively or intuitively feels, or rather knows, that he was created. He is told that he may know this because he has been given capacity for knowledge.

From the most elaborate researches on natural history of Mind, and a comprehensive analysis of the conquests and achievements of the human mind, particularly among the more prominent of recent years, it is coming to be believed that it is actually illimitable. It seems to be capable of infinite expansion. The expanding is now more rapid than at any time within the historic epoch. The Creator spoke to his creature—man. Capacity, power and dominion are gifts. They were not earned by work. They were imparted, but not at once. The giving occupied a time so long that it is called an era. How the gifts were presented is not told in the first verse, whether by direct teaching or by long, slow methods of evolution. Verse 2 reads:

"But man was helpless, he understood not the voice of the Almighty, neither stood he upright. And Jehovih called his angels, who were older than the earth, and He said unto them: Go ye raise man upright, and teach him to understand."

3. "And the angels of heaven descended to the earth and raised man upright. And man wandered about on the earth. This was the second era." The second verse reveals that instruction was given to man by beings called angels, and that these are older than the earth. Now the fifty-two bibles of mankind all mention that visitors from the Unseen often came to the earth; but the whole of these scriptures combined do not give so much clear information regarding them, their nature, and who they are as does the world's standard book on the higher psychology—Oahspe.

The teachings of Oahspe concerning these messengers, carriers and workers cannot be introduced here, but will be carefully portrayed in a subsequent part of Scioahspe. But the work of raising man upright occupied another period of time long enough to be called an era.

4. "Jehovih said to the angels that were with man: Behold, man hath multiplied on the earth. Bring ye them together; teach them to dwell together in cities and nations."

5. "And the angels of Jehovih taught the peoples of the earth to dwell together in cities and nations. This was the third era." The advance of man from the condition of a wanderer, and segregation into cities and nations, was due also to the care and labor of messengers from the Unseen. And this great work required an entire era.

6 "And in that same time the Beast (self) rose up before man, and spake to him, saying: Possess thou whatsoever thou wilt, for all things are thine, and are good for thee."

7. "And man obeyed the Beast; and war came into the world. This was the fourth era." And here is displayed one striking note of the book—this Beast; this self. So prominent is this self, some entity that must be employed in the lifelong contest with itself to secure a victory, that it commands the attention of the reader from first to last. The dominion of the Beast (self); and war gained control of man in a sinister and forbidding period, fully long enough to be an era, the dreadful fourth age. For deep-seated is the kingdom of the human beast and malign its sway. This word, self, has an incredible number of phases or aspects, all of which stand forth to view in the searchlight—Oahspe. The book rocks man's soul like a baby's cradle. No human attribute can hope to escape analysis. This appalling Beast is pictured as a crushing monster thus:

8. "And man was sick at heart, and he called out to the Beast, saying: Thou saidst: Possess thyself of all things, for they are good for thee. Now, behold, war and death have encompassed me about on all sides. I pray thee, therefore, teach me peace."

9. "But the Beast said: Think not I am come to send peace on the earth; I come not to send peace, but a sword. I come to set man at variance against his father; and a daughter against her mother. Whatsoever thou findest to eat, be it fish or flesh, eat thou thereof, taking no thought of the morrow."

10. "And man ate fish and flesh, becoming carnivorous, and darkness came upon him, neither yet heard he the voice of Jehovah, nor believed in Him. This was the fifth era." Oahspe is a mighty long view book; almost with telescopic vision. No attempt will be made here to comment on the fifth era. Colossal world-human events filled with multiple activities: changes, rising and falling of nations must occur before the fifth era can be explained. This will be done later.

11. "And the Beast divided itself into

four great heads, and possessed the earth about; and man fell down and worshipped them."

12. "And the names of the heads of the Beast were, Brahmin, Buddhist, Christian and Mohammedan. And they divided the earth, and apportioned it between themselves, choosing soldiers and standing armies for the maintenance of their earthly aggrandizement."

13. "And the Brahmins had seven million soldiers, the Buddhists twenty million, and the Mohammedans two million, whose trade was killing man. And man, in the service of the Beast, gave one-sixth of his life and his labors to war and standing armies; one-third of his life he gave to dissipation and drunkenness. This was the sixth era." In this terrific sixth era the Beast divided itself into four vast man-killing, blood-drawing, slave-making and tear-welling hierarchies. These huge death-dealing machines, bloody chariots armed with scythes, as it were, appeared upon an appalling scene of woe. Priests reared hierarchies and slew all who opposed.

14. "Jehovih called to man to desist from evil, but man heard him not. For the cunning of the Beast had changed man's flesh so that his soul was hid as if in a cloud, and he loved sin."

15. "Jehovih called unto His angels in heaven, saying: Go ye down to the earth once more, to man, whom I created to inhabit the earth and enjoy it, and say ye to man: Thus saith Jehovah:

16. "Behold, the seventh era is at hand. Thy Creator commandeth thy change from a carnivorous man of contention, to an herbivorous man of peace. The four heads of the Beast shall be put away, and war shall be no more on the earth."

17. "Thy armies shall be disbanded. And from this time forth, whosoever desireth not to war, thou shalt not impress, for it is the commandment of thy Creator."

18. "Neither shalt thou have any God, nor Lord, nor Savior, but only thy Creator, Jehovah! Him only shalt thou worship henceforth forever. I am sufficient unto mine own creations."

19. "And to as many as separate themselves from the dominion of the Beast, making these covenants unto Me, have I

given the foundation of My kingdom on earth."

20. "And all such shall be my chosen: By their covenants and by their works shall they be known henceforth on the earth as Mine: and shall be called Faithists."

21. "But as many as will not make these covenants, have I given the numbers of the Beast, and they shall be called Uzians, signifying destroyers. And these shall be henceforth the two kinds of people on earth, Faithists and Uzians."

22. "And the angels of heaven descended to the earth, to man, and appeared before him, face to face, hundreds of thousands of them, speaking as man speaketh, and writing as man writeth, teaching these things of Jehovih and His works."

23. "And in the thirty-third year thereof, the ambassadors of the angel hosts of heaven prepared and revealed unto man in the name of Jehovih, His heavenly kingdoms; and have thus herein made known the plan of His delightful creations: for the resurrection of the peoples of the earth."

24. "Not infallible is this book, Oahspe; but to teach mortals *how to attain to hear the Creator's voice, and to see His heavens*, in full consciousness, whilst still living on the earth; and to know of a truth the place and condition awaiting them after death."

25. "Neither are, nor were, the revelations within Oahspe wholly new to mortals. The same things have been revealed at the same time unto many who live at remote distances from one another, but who were not in correspondence till afterward."

26. "Because this light is thus comprehensive, embracing corporeal and spiritual things, it is called the beginning of the *Kosmon Era*. And because it relates to earth, sky and spirit, it is called Oahspe."

The Seventh Era.

Behold! the seventh era is at hand. Verses 16 to 26 inclusive contains thoughts and revelations that ought to attract the general attention of all that portion of the human species living on that area of the earth's surface included under the name Christendom. In fact, all of mankind ought to give heed. Momentous ideas are included in these eleven verses of renewed revelation."

Lowe Observatory, Echo Mountain, California, May 24, 1909.

There will be no August issue of The Stellar Ray. The September issue will combine both August and September numbers.

THE STELLAR RAY will publish, for a time, in each issue, a page or so under the heading, "The Department of Psychical Sciences and Unfoldment."

This department will be edited by J. C. F. Grumbine, B. D., Fellow of the Society of Science, Literature and Arts, London, England.

Mr. Grumbine is thoroughly competent to take charge of this department, being an advanced student in the field of the occult sciences to which his position as president of the College of Divine Sciences and Realization and the Order of the White Rose, bears testimony.

This department should prove to be of interest and benefit to our readers.

London, April 23.—Some of the most eminent physicians of England, including the doctors of the king, have agreed to make a very severe test of what the discoverer, William Doig, claims to be a cure for tuberculosis.

For ten years past, Doig has been treating free of charge persons suffering from tuberculosis of the joints, and according to the evidence of various hospital physicians, he has had considerable success.

Last year he tried his treatment on a patient suffering from tuberculosis of the lungs, under the observation of a well-known London physician. This case has been certified as cured, a fact that had much to do with making the thorough test as planned. It has been decided to take six consumption cases from the London hospitals and allow Doig to treat them under the closest observation.

The Doig treatment consists of drawing the disease from the lungs to the surface. A radius of inflammation is set up from the surface of the skin to the lung by means of chemical heat. The pus travels to the surface through this ray, which is kept open and all the pus is drawn out until the lung is clear.

The New Way to Power.

By CHARLES BOODIE PATTERSON.

The desire for power is a legitimate one, providing it is desired as a means toward a definite end. The one who seeks power and has no view of giving it expression is in much the same position as the captain of a steamship who sets all his engines to running at full speed but who has no rudder to guide the ship and no port to make as the end of his journey. We need a plan for everything we do in life, and we need power to accomplish that plan. No matter how great the power may be in the beginning, the planter's life only leads to dissipation of power. * * * One should first know what he wants to do and then put his strength of mind and body into the doing of it. * * *

Work does not kill people. More people pass out of this world from failure to work, than from overwork. The body needs to work. It was intended for that purpose. Laziness is one of the greatest detriments to man's progress. The lazy man is an encumberer of the earth. The time will come when governments will recognize that the man without work is a greater menace to society than the same man at work. That it will cost far less to provide him with the necessary labor than it will to let him go without it and become a prey upon the rest of humanity. Government sins against the individual today when it imprisons a man who is without visible means of support, without giving him work in order to enable him to live by his own efforts. Government builds jails, asylums, and workhouses, and taxes society for their support. But if the same money were used in the prevention of crime, in a provision of an outlet for the wrongly directed activities of the criminals, how radically different would be the result! The world will never

be right until it loses its thought of punishment. No man has ever been made better or ever will be through punishment for his misdeeds. The Divine Plan is that every man shall reap as he has sown; and there is in nature a law of cause and effect which provides for an all-sufficient reward or punishment. When society usurps the privileges of that law, society pays the price even more than the individual. What the world needs today is true Justice—Justice that is tempered by Love and Mercy, Justice that takes for its foundation the Golden Rule: "Whatsoever ye would that men should do unto you, do ye even so unto them." When society incorporates this law into its code and makes it a plan of life, prisons and workhouses will steadily decrease, until at last we shall have a free world and a free people. * * *

In the new way to power one must not let his life be encumbered by any kind of a useless burden. A strong man has no need to feel unkindly toward any one or to harbor in his mind any sort of resentment for real or fancied wrongs. He requires to keep his mind thoroughly poised and cool and not to allow it to become ruffled or disturbed by trivial annoyances. Neither should one burden the mind by any useless rubbish by trying to cultivate a memory of disagreeable or unpleasant acts of which his associates may have been guilty. Keep sensationalism of all kinds away from the mind. Do not be influenced by it and do not try to influence another by it. Keep the mind wholesome and clean. Avoid everything in the nature of exaggeration. Never listen to scandal or gossip of any kind. Scandal-mongers are the hyenas and vultures of society. To be satisfied they must be engaged in dissecting the lives of

other people, blasting and blighting reputations, and thus polluting not only their own minds but the minds of those who listen. Better might it be for one to associate with harlots and thieves than with these scandal-mongers, for he would be far freer from contamination than if he were intimately associated with the assassins of the reputations of people. When one is living a strong, true, controlled life his time is far too valuable for him to waste it in a discussion of the faults and failures of other people. His mind is too much occupied in keeping his own house in order.

The venomous hating mind never can express in a strong, true way. The gossipy mind expresses only the negative side of life and is never worthy of serious attention. Each individual has the power to decide what he wishes his relationship to be to the people in the world in which he lives. He attracts to him those people who have kindred thoughts and feelings to his own. He may establish a relationship that will be mentally helpful, in which there is both giving and receiving, or he may do the reverse.

The new way to power should express itself in kindness of thought and generosity of deed, in helping others to help themselves. It should also express itself in justice and in mercy, in peace and good will to all men. To sum up: Power is necessary to all true self-expression. There must be a consciousness that power should be used for universal ends and purposes as well as for individual good. There must be a recognition that power must be used for a perfect adjustment to life and environment. And last, and greatest of all, power must be used in a directed effort to establish that splendid ideal, man, as the image and likeness of God, so that soul, mind and body may all come under the same sway of the Divine Laws of Being. Thus the oneness of God and man may fully and consciously be realized, and humanity may be lost in Divinity, and God be the All in All.—*From The New Way to Power.*

"Serving God" is doing good to Man; but *praying* is thought to be an easier "service," and therefore is more generally chosen.—*B. Franklin.*

Kind thoughts imply a contact with God. Like the love of beauty they can spring from no baser source. They are not dictated by self-interest nor stimulated by passion. They have nothing in them which is insidious, and they are almost always the preludes to some sacrifice of self. It must be from God's touch that such waters spring.—*F. W. Faber, D. D.*

We can fix our eyes on perfection, and make almost everything speed towards it.—*Channing.*

Present Day Theology Treats Life as If It Were Death and Vice Versa.

Prof. George Burnham Foster, of Chicago University, advances the theory that God is "a symbol to designate the universe in its ideal-achieving capacity," and that God was made by man. Modern people, he declares, do not attend church, because they do not need it and "not because they are bad, but because they are good."

"Nowhere," he says, "is there such a thing as creation out of nothing. We must wean ourselves from the habit of picturing the God of the Universe as the Bible God of the Book of Genesis, a God who magically charmed things, with a sword as a wand, out of nothing. There is no creation anywhere out of magic, none by God's magic."

"I am now trying to get the church to see that it has been on the wrong track with its instinct of self-preservation, with its dogging the foot-steps of science, blocking its every advance; with its love for dogmas rather than its search for truth; with its pride rather than its service; with its clericalism rather than its humanism; with its facing backward rather than forward."

"It is for this reason that there has grown up in many circles something akin to contempt for the three words—church, sermon, dogmatics: Church, a whitened sepulcher full of dead men's bones, a place where death is treated as if it were life and life as if it were death; preaching, proof that there is still such a thing as sounding brass and clanging cymbals; dogmatics, that science whose only right to be is that men may see what a science ought not to be."

Why Do You Seek The Living Among The Dead?

By JULIA SETON SEARS, M. D.

Whenever we look at humanity in the abstract, whenever we study Life as it presents itself in the part, we are urged again and again by our inner consciousness to ask this question: "Why do you seek the living among the dead?"

Those who have consecrated their lives to the good of the world, who, day by day are working out their own salvation in the lives of many; those who teach, talk and minister to others, are constantly confronted by the picture of the half of the world seeking in an indefinite way the Life abundant, but seeking it among the decaying forms of their old thought world.

The sick and unfortunate come to us with their tales of despair, discouragement, and pain; and while they do, in their own undeveloped way, seek for the eternal, yet with every heart beat they sow seeds which can only relate them with the transitory and the fleeting.

We find many who have related themselves to disease, and who wish to be well; they even make puny efforts toward finding the pathway out of their miasmatic thought swamp; but as soon as we show them the real way to ALL HEALTH, they shrink back; it is too hard, they cannot make the effort necessary to lift them away from the old conditions; they want to be free, but at the same time they want to be unmolested in their old lines of action and thinking; they love their misery; they hug with a deathless persistence, some old sorrow or despair which would have perished long ago had they only let it, and not revitalized it again and again with their own thinking.

Sometimes the only way to health is to lay down an old sorrow; sometimes it means to give up a personal opinion; sometimes it only means to get away from a crowd of selfish desires; sometimes it means to run away from old conditions which are nagging the health out of our body; sometimes, too, it means to run away from what appears to be our very life.

We may take care of many things for a life; we may one by one separate it from the dead things in its thought world, yet in spite of all our effort we do not succeed in healing it, or making it rich and happy, and after a while we find that we were only going with it among its dead, seeking life where there is none, and hidden deep in the very center of its being, it still keeps its cemetery of heart hunger, and quivering despair.

Life has many tangled pathways, joy has many shades of woe, often that which seems the brightest, hides deep griefs we do not know; and we would never know, only that the life, worn out with disease and pain and loss, seeks us to have us help them find GOD, and in our search we stumble upon the truth.

Some lives go on for years, seeking and never finding, asking and never receiving, and never knowing what shuts them away from the Abundance of Life. Life is full of curious and conflicting conditions brought about by our own and other people's actions, and out of all the twisted skeins of human desires there evolves a long chain of conditions which often so engulf us that we cannot see a ray of

light anywhere before us.

We find life after life captive, under the bondage of the things which it has been endowed with power over, and when we would point it to the hills of eternal hope, it turns away, and goes back to its dead, "Ephraim wedded to his idols." We seem to be obliged to let it alone.

When we look at these things in the part, our hearts ache with the immensity of the problem, we grow heartsick of the human, and it is only as we come up onto the planes of the higher consciousness that we grow calm, and see not only the beginning, but the end also.

The hardest lesson any life has to learn is to forget, and the bitterest blow that a human heart can feel is the agony of regret. Memory is a peculiar force, and often it keeps us related in a mysterious way to the things we need most to put behind us.

Memory is the connecting link between the past and the NOW, and it remains our master, and pours what it will into our field of consciousness until at last, driven to bay on every side, we learn the inhibiting power of the consciousness, and refuse to longer be made the host for a crowd of thoughts we do not enjoy.

There is no escape from the ten thousand things of our earth plane which do not speak of joy to us, but to train our consciousness to stand sentinel of our life, and refuse to allow us to turn back into ourselves and become companions to doubts, fears, and regrets.

We cannot go on into an expression of wholeness, while our life is wrapped round and round with olden memories, olden fears, olden idols. Broken hearts are common in the journey of life, broken human lives are plenty, too, for they are the lawful product of the negative thought of man, and are natural on the plane of development which produces them. But they are left behind by those who learn how to hold their life servant to the thoughts of power. Freedom from all these things is a growth; it is a possession which only comes through unfoldment.

Pain, loss, wretchedness and heartbreak are all the fruits of the Tree of Life, whose root is TRUTH.

If our lives lack plenty of joy and health and wealth, peace, power and plenty, it is because we have not yet come to the place in our development, where we sense our immortal birthright to them, or it is because we have allowed the channels through which these things flow to us to become choked. Consciousness of union with the great God-life is the opening through which everything we desire flows to us.

Look calmly at everything you desire and find why your hopes are disappointed; you will find that it is simply because you have always asked with only half of your being; when you can in very truth and full of believing say "Thy Kingdom come," and it will come.

It is true it is not always easy to say "My heart is fixed, oh Lord, my heart is fixed," zeal, consecration, courage and devotion, these are not kindled by fear, or vague "perhaps"—they demand the *Absolute, the Eternal*.

When we know truth, we fill our whole being with the light of the higher understanding, we cease our lamenting, and turn our faces toward the new, the whole, rather than the many conflicting aspects of life.

We hear always the eternal message, "Why do you seek the living among the dead?" It comes to us a voice crying in the wilderness, and out of the ashes of our dead past, we build again a new temple; and whenever our life would wander backward and beat the bars of memory, a still small voice cries to us to turn to the new, the perfect; and with this truth locked fast in our life, we no longer hesitate, we no longer falter, we walk on in our every day life with thoughts and words of power and confidence.

We are free, then, in a living world of living power and purpose, and life becomes for us just one sweet song of triumph. And over all the tangled maze of things there shines a faith that shoots life through and through, and knowing this we have a heart that sings. We will not answer. We can just be true.

When the power of imparting joy is equal to the will, the human soul requires no other heaven.—*Shelley*.

"The recipe for perpetual ignorance is: Be satisfied with your opinions and content with your knowledge."

"Veritas."

BY A. Z. STEVENSON.

In reply to those who claim there is more than one religion I have to point out that the principal sections of religion now existing, namely, (1) the Hindoo, (2) Jewish, (3) Christian, (4) Mahomedan, are all one and direct descendants of still more ancient astrology. For instance, Holy Writ frequently quotes that the Jews claimed Abram as their father, and we know from Galatians 4:22-26, that Abram is an allegory and not a man, for was not Lazarus found in Abram's bosom, etc. Now, then, who is Abram? The Jews in their sacred, that is, *secret*, books have merely stolen the Brama of the more ancient craft and to conceal the theft, put the latter "a" first, making Abram out of Brama. "A" and "b" are the first two letters of the sacred or secret alphabet, the Alph and Beth, the one and the two, the Adam and Eve, or the Sun and Moon, and still more, the One and Eve that is the "Yod, he van, he," the sacred name we call Jehovah. The letters R A M, the Ram or Lamb of God, that is Aries, the Exaltation of the Son or Sun of God, the Christ, hence the word A Bram A, who is equally the Father for Hindoo, Jew, Christian and Mahomedan. This Abram or Brama is Saturn, Satan, Kronas, Father Time, Father Christmas, Santa Claus, the Father of Jew Peter (Jupiter), from whence the Jews take their name, and whom they worship under the mystic, "Yod, he van, he," that is IEVE, therefore the Jews worship the Father (Saturn-Abram) through the Son—Jupiter-Jehovah.

Mahomet we know is the opposer of the Christ, the anti-Christ, as the name signifies. Christ the Anointed is the Son, that is, Sun of God, exalted or crucified (that is Cruci-fiction) in Aries the Ram, when he rises to heaven, but Mahomet is of Libra the balance, the tribe name "Dan" in the word Mahomedan, being Libra, "Dan shall judge his people, as one of the tribes of Israel" (Genesis 49:16); that is, the Scales of Justice—Libra.

Circumcision was introduced in the time of Abram, and our Circumcision day is January 1st, a cutting off from the old and commencing a new year, as represented in double-faced Janos or January. Saturn's rings are emblematical of the rite of circumcision, which need a lot of study and elucidating. Once our earth had rings of water in the firmament above, as Saturn has now; then days and nights were all of equal length; there were no seasons, the Moon rose always as the Sun set, and man had not yet become a cannibal eater of flesh. The time of Abram being the golden age of Saturn, which time or period of At-one-ment long past, is regretted by millions and its return is prayed for in that universal pater-noster, "Thy Kingdom come." Astrologers know Saturn as the great deceiver—Satan—thus explaining the otherwise ridiculous prayer, "Lead us not into temptation."

It is more than extraordinary that the most important date in connection with our earth, that is—the death of the Son of God—should be annually a movable fast, depending upon the position of the Moon on March 21st each year. The priestly craft keep up the deception by this means, the cruci-fiction being too evident if annually kept, as it should be, March 21 and September 24 each year, for we know from sacred writ, "their dead bodies shall lie in the street of the great city, which spiritually is called Sodom and Egypt, where ALSO our Lord was crucified" (Revelations xi, v. 8). Our Lord, Apollo, that is, the Son or Sun of God, crucified twice each year, the Christ in Aries, and Jesus, that is, Yes-us (Truth, Verity) in Libra, or the gates of hell, Sodom or Egypt, or the five winter months or five wounds of the Christ or five loaves of bread of the parable, etc.

Astrologers will have a more exalted idea of the Great Architect of the Universe than to suppose with the Christians that he needs to send his only begotten Son to rectify his mistakes. The idea is too ridiculous, so that no astrologer or occultist can think of it without laughter.

The Bible is an astrological record of celestial events, all the characters therein named being celestial and explained only by astrology. Their sacred, that is, secret, meaning is known but to the few, as it

should be in all sacred, that is, secret, organizations. Astrologers everywhere are studying the esoteric side of their science, which is daily becoming more and more important. The re-establishment of the Ancient Church of Astrology and Philosophy everywhere is longingly prayed for to unite all creeds. Thousands of different sectaries whose efforts are at present wasted can unite in one grand effort to recover the Truth, and enlighten their fellow beings, so that their burdens fall. So mote it be. The Church of Astrology will explain to those worthy to receive it from their natal chart and even from the concep-

tion epoch, that each one of us has an appointed destiny, ever onward and upward on the spiral path, and pigmies though we be, we contain a spark of the Divine Spirit, which must return to the source from whence it springs. Our aim must be to find the Christ in us (Col. 1:27); many are called, but few chosen, as we know too well; there can be no ideal higher or nobler than to aid in any way in our power, those who, like ourselves, must some time enter the path and "go on unto perfection" (Hebrews, 6:1). Astrologers everywhere are called upon to unite in aid of the good work.—*From April Adept.*

Were You Born in the Zodiacal Sign Cancer?

If you were born between the 21st of June and the 21st of July, the sun was in the Sign Cancer, and you will recognize some of the following characteristics as your own to a greater or less degree, for the influence of the sign rising at the hour of birth and the influence of planets in your chart cause modifications of the sun's influence.

The sun in the 4th house, cancer, is good for money or property gained from the parents. It inclines the native to home, he is attached to the home and family life and the mother, and prospers with house and land property. It favors the birth of children. The native is fond of pleasure and amusements. When the natal chart is not much afflicted the sun in this sign is a good position for long life.

The native is fond of work, is cautious of outlays, but often discretely generous; always just, when finely endowed with power. This nature is sensitive to nervous conditions and children, and youth of this sign should be equitably and even-

ly governed, and care taken that their lives be made to run in useful and enjoyable paths, avoiding extremes or excess in any injurious direction, and self-reliance and forcefulness should be cultivated. Cancer people have a vivid conception of beauty, love of the mysterious, weird, strange, and profound.

Those born in this nativity should cultivate attentiveness to detail, and take time to thoroughly organize their plans and work, as well as range of ideas.

The childhood should be ruled by kindness, and frank information on all subjects in which their interest is aroused.

The imagination is keen and sometimes as children they are misjudged and punished for not speaking the truth.

Persons born in this sign are also especially magnetic and have many friends. The women are good housekeepers, and the best of wives and mothers, having well regulated minds.

This sign has given to the world many geniuses.

Psychic Research

How I Know the Dead Return

A Record of Personal Experience

By W. T. STEAD, Editor of the Review of Reviews

CONTINUED FROM JUNE NUMBER.

CONCERNING EVENTS STILL TO HAPPEN.

It will be said by some of those who will not give me the lie as to the accuracy of the foregoing narrative, that it does not carry us beyond telepathy from the living. This may be admitted if telepathy from the unconscious mind is regarded as an actual fact. In this case the unconscious mind telepathed what the conscious mind of the transmitter had entirely forgotten. The hypothesis of telepathy from the unconscious mind of the living can be invoked to account for almost any message said to be transmitted by the dead. But there is one class of messages for which telepathy from incarnate minds, conscious or unconscious, cannot account. That is the class of messages which relate neither to past nor present events, but which foretell an event or events which have still to happen.

Julia, on the very day on which she gave me the test messages recorded above, made a prediction, which was given me not really as a prediction but as a friendly warning intended to save another friend from making engagements which she would not be able to keep, as at a certain time she would be three thousand miles away in England. My friend laughed the warning to scorn. The prediction was twice repeated, and both times treated with contempt. Engagements were entered into which, when the time came, had to be cancelled, because my friend found it necessary to go to the distant place which Julia had named, and as Julia had predicted.

It will be objected that the prophecy in

this case may have helped to bring about its own fulfilment. Let us admit that for the sake of argument. The same objection cannot be urged against the next item of evidence I am about to produce. Some years ago I had in my employment a lady of remarkable talent, but of a very uncertain temper and of anything but robust health. She became so difficult that one January I was seriously thinking of parting with her, when Julia wrote with my hand, "Be very patient with E. M.; she is coming over to our side before the end of the year." I was rather startled, for there was nothing to make me think that she was likely to die. I said nothing about the message, and continued her in my employ. It was, I think, about January 15th or 16th when the warning was given.

It was repeated in February, March, April, May, and June, each time the passage being written as a kind of reminder in the body of a longer communication about other matters. "Remember, E. M. is going to pass over before the end of the year." In July E. M. inadvertently swallowed a tack. It lodged in her appendix, and she became dangerously ill. The two doctors by whom she was attended did not expect her to recover. When Julia was writing with my hand, I remarked, "I suppose this is what you foresaw when you predicted E. M. would pass over." To my infinite surprise she wrote, "No; she will get better of this, but all the same she will pass over before the year is out." E. M. did recover suddenly, to the amazement of the doctors, and was soon doing her usual

work. In August, in September, in October, and in November the warning of her approaching death was each month communicated through my hand. In December E. M. fell ill with influenza. "So it was this," I remarked to Julia, "that you foresaw." Again I was destined to be surprised, for Julia wrote, "No; she will not come over here naturally. But she will come before the year is out." I was alarmed, but I was told I could not prevent it. Christmas came. E. M. was very ill. But the old year passed, and she was still alive. "You see you were wrong," I said to Julia, "E. M. is still alive." Julia replied, "I may be a few days out, but what I said is true."

About January 10th Julia wrote to me, "You are going to see E. M. tomorrow. Bid her farewell. Make all necessary arrangements. You will never see her again on earth." I went to see her. She was feverish, coughed badly, and was expecting to be removed to a nursing hospital, where she could receive better attention. All the time I was with her she talked of what she was going to do to carry out her work. When I bade her good-bye I wondered if Julia was not mistaken.

Two days after I received a telegram informing me that E. M. had thrown herself out of a four-story window in delirium, and had been picked up dead. It was within a day or two of the end of the twelve months since the first warning was given.

This narrative can be proved by the manuscript of the original messages, and by the signed statement of my two secretaries, to whom, under the seal of secrecy, I communicated the warnings of Julia. No better substantiated case of prevision written down at the time, and that not once but twelve times, is on record. However you may account for it, telepathy, conscious or unconscious, breaks down here.

FOUR THINGS.

The lady whose initials were E. M., and whose tragic fate I have just described, had promised me that if she died before me she would do four things. She had constantly written automatically with my hand during her life. She promised, in the first place, that she would use my hand, if she could, after death, to tell me how it fared with her on the other side. In the

second place, she promised that, if she could, she would appear to one or more of her friends to whom she could show herself. In the third place, she would come to be photographed, and, fourthly, she would send me a message through a medium, authenticating the message by countersigning it with the simple mathematical figure of a cross within a circle.

E. M. did all four: (1) She has repeatedly written with my hand, apparently finding it just as easy to use my hand now as she did when still in the body.

(2) She has repeatedly appeared to two friends of mine, one a woman, the other a man. She appeared once in a dining-room full of people. She passed unseen by any but her friend, who declares that she saw her distinctly. On another occasion she appeared in the street in broad daylight, walked for a little distance, and then vanished. I may say that her appearance was so original it would be difficult to mistake her for anybody else.

(3) She has been photographed at least half a dozen times after her death. All her portraits are plainly recognizable, but none of them are copies of any photographs taken in earth life.

(4) There remains the test of a message accompanied by the sign of a cross within a circle. I did not get this for several months. I had almost given up all hopes, when one day a medium who was lunching with a friend of mine received it on the first attempt she made at automatic writing. "Tell William not to blame me for what I did. I could not help myself," was the message. Then came a plainly but roughly drawn circle, and inside it the cross. No one knew of our agreement as to the test but myself. I did not know the medium, I was not present, nor was my friend expecting any message from E. M.

Is it surprising, then, that after such experiences I have no more doubt of the possibility of communicating with the so-called dead than I have of being able to send this article to the Editor of the *Fortnightly Review*?

SPIRIT PHOTOGRAPHY.

I have referred to spirit photography. Let me disarm any skeptical reader by admitting that nothing is more easy than to fake bogus spirit photographs, and fur-

ther that an expert conjurer can almost always cheat the most vigilant observer. The use of marked plates, which I handle, expose, and develop myself, no doubt afford some protection against fraud. But my belief in the authenticity of spirit photographs rests upon a far firmer foundation than that of the fallible vigilance of the experimenter. The supreme test of an authentic spirit photograph is that a plainly recognizable portrait of a dead person shall be obtained by a photographer who knows nothing whatever of the existence of such a person, and that no visible form shall be seen by the sitter in front of the camera.

I have had such photographs not once but many times. I will here only mention one. The photographer whose mediumship enables him to photograph the Invisibles is a very old and rather illiterate man, to whom this faculty was at one time a serious hindrance to his photographic business. He is clairvoyant and clairaudient. During the late Boer war I went with a friend to have a sitting with him, wondering who would come.

I had hardly taken my seat before the old man said: "I had a great fright the other day. An old Boer came into the studio carrying a gun. He fairly frightened me, he looked so fierce, so I said to him, 'Go away; I don't like guns.' And he went away. Now he's back again. He came in with you. He has not got his gun now, and he does not look so fierce. Shall we let him stay?"

"By all means," I replied. "Do you think you could get his photograph?"

"I don't know," said the old man; "I can try."

So I sat down in front of the camera, and an exposure was duly made. Neither my friend nor I could see any other person in the room but the photographer and ourselves. Before the plate was removed I asked the photographer:

"You spoke to the old Boer the other day. Could you speak to him again?"

"Yes," he said; "he's still there behind you."

"Would he answer any question if you asked him?"

"I don't know," said the old man; "I can try."

"Ask him what his name is!"

The photographer appeared to put a mental question, and to listen for a reply. Then he said:

"He says his name is Piet Botha."

"Piet Botha," I objected. "I know Philip, Louis, Chris, and I do not know how many other Bothas. But Piet I never heard of."

"That's what he says his name is," doggedly replied the old man.

When he developed the plate there was seen standing behind me a hirsute, tall, stalwart man, who might have been a Boer or a Moujik. I said nothing, but waited till the war came to an end, and General Botha came to London. I sent the photograph to him by Mr. Fischer, who was Prime Minister of the old Orange Free State. Next day Mr. Wessels, another Free State delegate, came to see me.

"Where did you get that photograph," he asked, "the photograph you gave to Mr. Fischer?"

I told him exactly how it had come.

He shook his head. "I don't hold with superstition. Tell me, how did you get that portrait? That man did not know William Stead—that man was never in England."

"Well," I replied, "I have told you how I got it, and you need not believe me if you don't like. But why are you so excited about it?"

"Why," said he, "because that man was a near relative of mine. I have got his portrait hanging up in my house at home."

"Really," I said. "Is he dead?"

"He was the first Boer Commandant killed in the siege of Kimberley."

"And what was his name?"

"Pietrus Johannes Botha," he replied, "but we always called him Piet Botha for short."

I still have the portrait in my possession. It has been subsequently identified by two other Free Staters who knew Piet Botha well.

This, at least, is not a case which telepathy can explain. Nor will the hypothesis of fraud hold water. It was the merest accident that I asked the photographer to see if the spirit would give his name. No one in England, so far as I have been able to ascertain, knew that any Piet Botha ever existed.

WHAT IS WANTED.

What is wanted is that those who profess to disbelieve in the existence of life after death should honestly attempt to define the kind of evidence which they would consider convincing. I have narrated in this paper what seems to me conclusive evidence of the continuance of personality after death. All of these incidents occurred in my own personal experience. Their credibility to my readers depends upon their estimate of my veracity. These things actually occurred as I have written them down. Supposing that they had happened to you, my reader, could you refuse to admit that there is at least a *prima facie* case for a careful exhaustive scientific examination into the subject? What more evidence, what kind of evidence, under what conditions, is wanted, before conviction is established?

I ask no one hastily to accept anything on other people's testimony. It is true that all people are not mediums, any more than all telephones can take Marconi messages. I am fortunate in being my own medium, which eliminates one possible hypothesis. But there are plenty of honest mediums, some possibly in your own family if you cared to seek for them.

One last word. For the last fifteen years I have been convinced by the pressure of a continually accumulating mass of first-hand evidence of the truth of the persistence of personality after death, and the possibility of intercourse with the departed. But I always said, "I will wait until someone in my own family has passed beyond the grave before I finally declare my conviction on this subject."

Twelve months ago this month of December I saw my eldest son, whom I had trained in the fond hope that he would be my successor, die at the early age of thirty-three. The tie between us was of the closest. No one could deceive me by fabricated spurious messages from my beloved son.

Twelve months have now passed, in almost every week of which I have been cheered and comforted by messages from my boy, who is nearer and dearer to me than ever before. The preceding twelve months I had been much abroad. I heard less frequently from him in that year than I have heard from him since he passed out

of our sight. I have not taken his communications by my own hand. I knew him so well that what I wrote might have been the unconscious echoes of converse in the past. He has communicated with me through the hands of two slight acquaintances, and they have been one and all as clearly stamped with the impress of his own character and mode of thought as any of the letters he wrote to me during his sojourn on earth.

After this I can doubt no more. For me the problem is solved, the truth is established, and I am glad to have this opportunity of testifying publicly to all the world that, so far as I am concerned, doubt on this subject is henceforth impossible.—
From Harbinger of Light, Australia.

Pearls Beyond Price.

BY MARGARET DYKE MALLORY.

As I sit in my lonely room tonight, listening to the drowsy hum of insects, and the still voices of the night come to me, speaking of other hours—the yesterdays—I see, silhouetted on memory's curtain, the one most perfect hour of my life.

I am a lonely child again, standing by an open window, looking upon a scene—the most beautiful my eyes have ever yet beheld.

In the distance lie the hills—the beautiful blue hills—over which the setting sun is throwing a scarf of mingled flaming gold and roseate hues, while winding in and out, draping their base, are misty, fleecy clouds. So still the world has grown! I seem, with it, to be listening for a voice to speak.

What does the sunset say? What is beyond? What is the voice of the hills, the clouds? What am I? Why so alone, and so unutterably and unspeakably lonely? And then you came to me, my more than mother, and said: "I love you, love you dearly, you little wonder-child."

Oh, golden hour! Most beautiful golden memory! Even now my heartstrings clutch as at that moment. A golden bar of sunset evokes a sweetness and worship in my heart that would shed a light upon

the darkest sea mariner ever sailed. Nevertheless would I be alone, although distant from everyone whom I loved.

That night the moon arose in a softer beauty. My hills, more mystically alluring, sublimely beautiful, in the distant, silvery haze of moonlight, fairly glowed in a soft, radiant glory, each new outline, a different interpretation of God's love, in the world and in your heart, as it took a lonely soul-sick child into your arms, shedding a radiance into the life—a peace and love, of which the silvery moonlight, mystical hills, and the crooning murmuring of the river were but as shadows, echoes of a sweeter, holier joy.

Yet, in that hour, the prescient heart of a past lonely childhood—or was it the shadow looming from a too bright light?—told me that I would wander far from that scene—that dark clouds, dark days, and deeper, darker nights would hide my moonlit world from view. That dark clouds of disappointment, fear and rebellion would obscure the radiance in my heart. It should not all go when the storms came, and the wind raged a tempest, trying to the utmost the heart, there would be a tiny ray left, the one lonely light burning upon the altar, which the Christ-mother has watched and tended throughout the long, lonely centuries—the great mother of all—who lives in all mother hearts—throbs in the great heart of motherhood throughout all the world.

I knew that I would again see the light, the beauty, the truth, the immortal love, which once sent winging its way, never fails.

Your hopes, my mother, may have grown faint, your heart weary, as your tears like raindrops fell—but every tear, every prayer, like a rosary, as they fell, have been strung by unseen hands upon threads of gold. Pearls gathered by the great mother-heart! And, when your wanderer completes her journey, she will carry them, with her own, gathered sometimes on the heights, sometimes in the depths of loneliness, despair, suffering, sin—purified, refined and shining with God's love to the great Father of all who will place them upon your brow, your own returned to you an hundred fold.

Bristol By the Sea.

BY GILBERT PATTEN BROWN.

'Neath the pine hills of New England,
In the border of the wood,
Stands a quaint old-fashioned dwelling,
With its stories ever good.

Of late I strolled out for pleasure,
In that town so dear to me;
Once the home of my ancestors,
Ancient Bristol by the sea.

There the shore is thick with dwellings,
Handsome yachts sail to and fro;
The rivers sing sweet music
To the Sage of long ago.

Here the Redman ruled the forest,
As great history's page doth tell;
Here the white man lived in terror,
But he served his people well.

The eagle soars, the song birds sing,
And the squirrels love the grove;
All nature seems in harmony
At beauteous "Christmas Cove."

Pretty yachts sail up the river,
Yes, in sunshine or in rain:
The pride of old Lincoln County
Is this seaport town in Maine.

'Neath the nation's eastern hilltops
Is a spot that's dear to me,
And my young heart yearns for Bristol—
Yes, famed Bristol by the sea.

When life's rough road I've traveled o'er,
Left behind all earthly pain,
I'll rest upon New England's shore
In old Bristol town in Maine.

The wealth of a man is the number of things which he loves and blesses, which he is loved and blessed by.—*Thomas Carlyle.*

Boston, Mass.

Dear Mr. Hodges:—

* * * You are sending out a superior magazine and it should be widely read and generously sustained. I know of none better.
J. F. G.

Department of Psychical Sciences and Unfoldment.

By J. C. F. GRUMBINE, B. D.,

Fellow of the Society of Science, Letters and Arts, London, Eng.

One of the most radical and drastic means of unfolding one's psychical powers—popular in the far East, but not so much in vogue in the West, but still a method adopted by some intelligent people—is breathing. The object of this mechanical and some term it psychical process, is to establish concentration. That breathing is a vital function of our normal life is self-evident, but that it is so necessary to psychical unfoldment as some claim, is not yet proven. In fact, it is to be doubted whether in the end quicker and less fleeting results could not be obtained by less dangerous methods, all other things being equal. And what I mean by the word dangerous is a method as well as a result less liable to disturb the regular and normal order of one's life, but at the same time conspiring to preserve sanity and the joy of living. Vivekananda told some friends in New York who dared to apply his Raja Yoga system, without living the life, that is, without giving up some of the pernicious habits which obsessed them, as smoking and drinking, that they would by such action, or rather inaction, open themselves to all sorts of dangers. They laughed at him. In less than a year they landed in an insane asylum. It was folly to fly in the face of such archaic and time-honored but truthful advice, from a master who went critically over the identical ground which his disciples hoped to follow in their endeavor to attain illumination and obtain spiritual revelations. Such is the ignorance of most men, and such is their training and egotism, that they are often a penny wise and a pound foolish, especially in spiritual mat-

ters. Breathing normally is easily accomplished, provided the breather is living the spiritual life, but any exercise in breathing when one will not live the life will not become a substitute for it, nor as good as the genuine, in spiritual unfoldment. This is all important to know. I have known persons who have been riding this hobby of breathing for years, and yet have not the slightest increase of psychical powers or even of spiritual perception. And there is no doubt in my mind that the failure to obtain results is due largely to the mere breathing, in a perfunctory way, without applying the fundamental law back of all such exercises.

Concentration is attained more by spiritual living, by loving the spiritual work and life, but cultivating ideality, imagination, and spirituality, than by any other process, and even the Theosophists, who have an esoteric system, very similar to all scientific treatment of psychic powers, made a good deal of the killing of desire, if one hopes to get near to Nirvana. Freedom from earth's attractions, or from the infinite number of cares which drag down the average individual to earth, is absolutely necessary, if the student hopes to co-operate with the inner spiritual intelligences who respond to the inner aspiration for enlightenment and the higher life. To concentrate, literally means to hold oneself to the center. To do so one is required to centralize, and surely one cannot centralize if his mind wanders or is worried or harassed by the pretty things which are hindrances to ingress to the spiritual world.

Aristotle, a Master Mind

By GILBERT PATTEN BROWN,

Author of "Boston of Colonial Days," "Memories of Martinique," "The Graveyard of Plymouth,"
"Creeds One Hundred Years to Come," etc.

Aristotle was born in Macedonia, which was then a province of Greece.

When a boy of seventeen he walked to Athens, a distance of over two hundred miles, in order to attend the school of Plato.

In youth he was a guide in the mountains and a mountain climber, so a little walk of two hundred miles was nothing to him. All of his life he was an out-of-doors man. He was a lover of animals, especially of horses. He wrote a book on the horse—a book of three thousand pages. In the book he said all there was to say on the subject, and any man who now writes on the horse quotes Aristotle, knowingly or not, and if not that which he writes is of little worth.

Plato and Aristotle were associated as pupil and teacher and then as fellow-teachers for over thirty years. They finally separated on the relative value of poetry versus science.

The world needs its poets, but it needs the scientists more.

Poets are plentiful and many of them are great men, but many scientists are greater. We as Americans love Franklin as our greatest philosopher. But as world citizens let us love Aristotle for his greatness in and under more difficult circumstances.

Aristotle was the world's first scientist. He made the world's first geological collection, the first herbarium, and the first zoological garden, barring that of Admiral Noah, the chief of the sailors of his time.

Very much of our present scientific terminology goes back to Aristotle. We call the plants by the names that Aristotle gave them.

The plan of teaching adopted by Aristotle was so simple that the school board of Athens could not understand it, and finally Aristotle was exiled from Athens. He taught by setting his pupils to work; they collected natural specimens, and talked about them. He was the friend and companion of his pupils. Instead of disciplining them, he loved them.

Athens was cultured and learned, but with all its culture and learning it did not fully appreciate the great brain of Aristotle.

The "smart set" of Athens said that Aristotle lacked dignity, hence their displeasure, and the suggestion that he move on.

As in later years Voltaire was misunderstood, so was Aristotle considered dull by many of his contemporaries. His enemies left nothing to posterity.

Reader, I shall here quote but one remark of Aristotle's. It is this: "The land that produces beautiful flowers and luscious fruits will also produce noble men and women."

It is said that man is a product of soil and sunshine, just as much as is the tree.

The great Aristotle loved horses. And he argued with Alexander, his pupil, that a horse was a product of nature, and, as a man could train horses, so could he also train trees and flowers. And while man himself is a product of nature, he yet has the power to fashion and form nature and utilize the forces of nature. Thus does man make, in great degree, his own environment.

Aristotle prayed, so did Franklin.

Prayers for rain do no harm; but an

irrigating ditch is more reliable. Providence has to be reinforced by intellect before we get the highest good. God certainly needs man, for God's fruits and flowers cannot compare with those where man has brought human system, science and love to bear the burdens of mankind.

Aristotle called things by their correct names.

We see a likeness of him in Paul four hundred years later, when preaching the philosophy of Jesus, the Carpenter of Nazareth.

The nations that have made the greatest impress have been those that lived in dry and arid districts, and not those located amid the bounteous natural gifts that exist along the coast and near the swamps and jungles where things grow lush and lusty.

Egypt was a land of canals. Assyria grew great, prospered and ruled the world because she knew how to apply water to desert land, where God supplied the sunshine.

Egypt and Assyria went down to their death when their citizens forsook the gardens and flocked to the cities to have a good time, leaving the land where grew the flowers and fruits to the lower races.

The same condition exists in our fair Republic. Ancient Greece, mighty as she was and had been, grew great on the tax collected from men who knew how to irrigate. Through the garden of Plato ran a diverted stream whose waters were cold and sparkling from the mountains. Plato was under the ditch; for Acadamus, who owned the ranch, had banked his all on a canal, which finally made him one of the millionaires of Athens.

And so did Aristotle live, in a land of "milk and honey," where the sky was blue three hundred days in the year, amid lavish and laughing luxuriance of land, where God supplied the sunshine and man the water. Here it was that he wrote, "The land that produces beautiful flowers and luscious fruits will also produce noble men and women."

Multitudes who profess to belong to the religion of Christ, scarcely know it when they see it.—*Henry Drummond*.

A very ordinary-looking farm horse, harnessed to an old wagon, stood by the curb; and on the board that served for a seat lay a small dog of such mixed blood that no guess could be made as to his breed. As a delivery wagon passed on the opposite side of the street, a large red apple fell off. Before it stopped rolling, the dog bounded across the street, picked it up with his teeth, and, with tail wagging, rushed back to the horse, in front of which he stood up on his hind legs, while the apple was taken from his mouth. As the horse munched the apple, he made the peculiar little noise that horses make when petted, and doggie replied with throaty little barks which plainly told what a pleasure it had been to go after that apple. Then he went back to his place on the wagon-seat.—*Youth's Companion*.

Each act of humble service is that divine touching of the ground which enables one to get the spring whereby he leaps to greater heights.—*R. W. Trine*.

Adam's Ale.

BY JOHN T. BAYS.

While on my journey, fagged and dry,
With tired limbs and feet,
I find all beverage gold doth buy
Entirely incomplete.

And ask but for a place of rest,
And drink so cool and pure
Poured fresh from Mother Nature's breast,
Which all my ills will cure.

Give me no whisky, beer or wine,
Or other drinks so stale,
While I can have a drink so fine
As this pure Adams Ale.

I find no serpent in this cup,
No devil to inspire
The one who quaffs its contents up
To crazed and maddened ire.

And of all drinks this one is best and
Far more dear to me
Than all the liquors in the west,
Or all of China's tea.

The Swastika

Success



Success Club

Seekers

July Affirmation: My WILL is unyielding, my COMMAND is LAW.

Life membership will be given the SUCCESS seeker who writes us the best letter each month on the Affirmation. If already a Life Member we will give a copy of "Dollars Want Me," or something else.

If you have studied the June Affirmation, you have been helped. I, not *another*, WILL hold, to what? To LOFTY desires. Not to mean or low desires. How will I hold? With *confidence*. What kind of confidence? With *unwavering* confidence. Do not drop the affirmation each month, but add the next one to it.

When Life Member No. 1108 sent his dollar he had been sick for more than three months. He wrote, "I am 70 years old and when well am quite a chap yet." He desires the help of the club in finding some work that he can make a living out of. By light work which he is now able to do, he can pay for a membership in the League and make a living working with the League and be assured of a good support when he can no longer work. The League is carrying out on a large scale the clubs plan for helping its members (so we leave the financial part to the League and render to our members direct mental help and also assist them in becoming members of the League. Send self-addressed stamped envelope for full particulars.

Member No. 1057 desires more strength in lower limbs and hips. She wishes to move into another house. Now, friends, help her like you did No. 1002, who has moved to a beautiful place and sends many thanks to all who helped her with their thoughts.

A member at Ponchatoula, La., wishes the special success thoughts of all the members at noon, on the 4th of July.

Since our last letter the club has moved into larger quarters and will welcome any member who will make us a call.

While all members are expected to speak "Success for every member of the Swastika Club," every day, special attention will be given any member who desires it.

The club claims no particular creed or religion, but numbers its members from them all. We have ministers, doctors, lawyers, Christian Science healers, New Thoughters, agnostics, Spiritualists, Catholics and many others who understand the power of thought. We want all Success Seekers to unite with us. Only one dollar sent now will make you a life member.

We feel very sure that the subscribers to the Swastika Success Club are enjoying the many good things in June STELLAR RAY. When we opened it we found it too interesting to put down. We wish to call your attention to the Little Land League. The country is the place for freedom. Some day we want a thousand of our members to join us in a colony. All who would like to do so can join the League now and will receive from them the financial help required. It will be a co-operative colony, where all can live as individuals and families and not as a "Community" where everything is owned in common. We believe in individual ownership of what one earns.

In June we gave life membership to all who sent us \$3 worth of subscriptions to any magazines. Until further notice we will give it for \$4 worth of subscriptions to THE STELLAR RAY or any magazine in the United States.

If you have not the vim to secure four subscribers in a short time you are no SUCCESS SEEKER. Show your friends our page in the June STELLAR RAY and tell

them you want their subscription to help you become a member, and you will get it.

Wishing you all SUCCESS, with Swastika greetings, from the

SWASTIKA SUCCESS CLUB,
Manassas, Va.

* * *

Shut Your Mouth.

George Catlin traveled among the North and South American Indians during the first half of the nineteenth century. He says that "the contrast between the two societies, of savage and of civil, as regards the perfection and duration of their teeth is quite equal to that of their bills of mortality; and I contend that in both cases the principal cause of the difference is exactly the same, that of respiration through the mouth during the hours of sleep. An Indian warrior sleeps, and hunts, and smiles, with his mouth shut; and with seeming reluctance, opens it even to eat or speak. An Indian child is not allowed to sleep with its mouth open." He often saw red Indian mothers pressing their infants' lips together, sometimes roughly. The consequence is, "while the teeth are forming and making their first appearance, they meet (and constantly feel) each other; and taking their relative natural positions, form that healthful and pleasing regularity which has secured to the American Indians perhaps the most manly and beautiful mouths in the world," and extraordinarily sound, white teeth.—*Chicago Tribune.*

* * *

Teachers to Co-operate With Forest Service in Tree Study.

Teachers throughout the country have been invited by the United States Forester to co-operate with the Forest Service in an effort to obtain more definite knowledge of the characteristics of the most important forest trees of the United States. To do this it will be necessary to obtain a large number of volunteer observers who will collect material on the time of leafing, blossoming and fruiting of the various kinds of forest trees. In his letter inviting the co-operation of the teachers, Forester Pinchot says:

"Knowledge of this kind is greatly needed and will be of value from the standpoint both of education and of practical forestry. For educational purposes the results obtained for each species, averaged and presented graphically by means of colored charts, will be available to all who are interested in the subject, and particularly to schools. They will form virtual 'tree calendars,' and will be valuable aids to nature study.

"Children can readily be interested in the actual work of obtaining records. This should form an attractive outdoor feature of the school work that should serve to develop the faculty of accurate observation, and at the same time to promote an interest in forestry which may lead to a better appreciation of its aims and methods. It may also prove to be a profitable addition to botany courses for older students.

"A study of this kind will be of great value to practical forestry, since the proper treatment of forests depends partly upon a knowledge of these characteristics of trees. For example, the time of year at which a tree leafs out and blossoms is one of the indications as to whether or not it is frost-hardy in a given region, and the length of time that a tree is in leaf influences the growth it is able to make during the season. Knowledge of the time when seeds of each species ripen in various localities is of great value to those who are collecting seed, since seed often deteriorates or is eaten by squirrels and birds if not gathered and stored as soon as ripe.

"Another result of this study will be a more intimate knowledge of climate as manifested by plant growth, for differences in climate are shown by plant life as well as by instruments; and a preliminary idea can thus be gained as to whether a given region is suited to a valuable tree which it is desired to introduce there. Many such examples could be given, but sufficient has been said to show that the results of these observations will be a real help to practical forestry, in addition to their general interest and educational value. Volunteers will later be supplied with publications and charts containing the information they help to gather, as a return for the services rendered."

On request, the Forest Service will be glad to send forms upon which to record data and a pamphlet containing full instructions as to the nature of the observations and how they are to be made.



Mind Directs Man's Destiny.

BY DR. MADISON C. PETERS.

Mind is the unseen, intangible force which governs and controls matter. Men cannot make the slightest physical movement unless the mind wills it.

Without mind man would be merely an inert mass of matter made up of flesh, muscle, blood and bone, powerless to exert itself for any endeavor. Therefore, the action of the hand depends altogether upon the influence of the brain to direct it. The steady hand is the resultant of the clear head.

He who saps and undermines his mental faculties by dissipation, disregarding the rules of health and defying morality, cannot hope to have the force or power necessary to guide the hand to do its allotted work in the calling of his place in life.

The head is the leader of the hand, and when it is not fit for the responsibility of the leadership the hand fails in its mission. We see a magnificent edifice in course of erection. Its symmetry and perfect proportion compel our admiration. The workmen fashion its turrets and towers, its gables and gargoyles, but behind the manual labor of the workmen is the genius of the architect who evolved the design from his trained mind. He is the cause, the foundation on which the imposing pile of steel and stone, brick and mortar rests.

Sharp tools, delicate instruments, cunningly contrived machinery, all are useless unless there is a steady hand to manipulate their mechanism and put them to the best advantage.

Clear Head Absolute Necessity.

God has given hand to man that he may fashion and mold for himself that matchless thing called success, but the hands will never be able to accomplish the sculpture if the brain does not direct them in the work.

It is then imperative on the man who would win and carve his way to the front

to keep a clear head. You must keep your brain alert and on the watch to detect opportunity as it comes along so as to give your hands warning to seize it just as soon as it is within reach.

Prometheus was a sensible god; he thought of everything beforehand and how he could make the most of it when the chance came. Epimetheus was a foolish god; he let everything pass before he aroused himself to action.

Get the spirit of Prometheus and be ready when your time comes, be waiting for opportunity and lay hold of it with both hands and jump on it with both feet before you let it slip.

Success is a series of golden stairs leading up to the heights of fame and fortune. On every stair is a man who knew how to make good use of time, who grabbed the forelock of opportunity, and held on with grim determination until he got "there."

Makes Poverty Ladder to Fame.

The history of our country sparkles with the careers of such men. Grant came from a tanyard to be the greatest soldier of his day, and finally to sit in the presidential chair. Had he not been prepared, had his youth been spent in excesses, he would have been unfit to take the field and suffer the horrors and hardships of a four years' campaign.

Garfield was another who from the beginning was in training. He made poverty subservient to his wishes and used it as the ladder by which he climbed to eminence. He was ready when the voice of his country called.

Had Webster been drunk when Hayne challenged him, the greatest speech since the days of Cicero would not now adorn the annals of American oratory. Webster was not drunk, nor was he wanting in any way for the occasion. He had been preparing the speech for months beforehand.

The head and hand constitute the winning forces in life. Man comes to his kingdom through the instrumentality of their combination.

Do not destroy your bodily powers by excesses or dissipation. Avoid the things that enervate and weaken the physical capacity. Avoid, above all things, intoxicating liquors in every form.

Eschew tobacco. Medical science says it

is harmful and saps the energies of the heart, head and hand. The nicotine insidiously creeps into the blood vessels, tingles the nerve cells, and hastens death by storming the citadels of the living organism, which are forced to capitulate to its assaults.

Don't hug to your bosom the twin sophistries that drink and tobacco are harmless when not indulged to excess. There is nothing harmless about them even in their mildest form, but, on the contrary, everything that is deadly.

Spasmodic Effort Not Enduring.

Have you ever heard of a drunkard or a drug fiend doing anything great and good in the world? Such, indeed, may at times put on a spurt, but there is no sustaining power and the effort, spasmodic in its nature, can never endure.

We often hear of great literary men turning out the best work under the influence of stimulants, but there is little or no truth in the hearsay. Burns and Poe have been cited as cases in point. Such a perversion of facts is a libel on the memory of both of these men.

Burns produced his best work when living a sober, rational life on the farm. He could write nothing when intoxicated.

The same applies to Poe. His immortal composition of "The Raven" was not written, as has been often said, while the author was in delirium tremens. It was composed when Poe was quite sober and at his best when he lived on the old Bloomingdale post road, now Eighty-third street and Broadway, New York.

When deduced to a final analysis, in all the wide range of the world's literature you will not find a single case of an author producing anything worthy of permanent value while in a state of intoxication.

Only a clear brain can guide the hand to exert its cunning for the benefits of its owner and the good of mankind.

On the hand depends success in life, and as it is the head which directs the hand it follows that the head is responsible for the outcome. Keep the head clear, the body healthy, and the hands busy!—*St. Louis Times.*

That which is past is gone and irrevocable. Wise men have enough to do with things present and to come.—*Francis Bacon.*

The editor of THE STELLAR RAY offers congratulations to Mr. H. R. Kincaid upon the forty-fifth anniversary of his editorship of the Oregon State Journal. Mr. Kincaid has evidently been an important factor in the development of the State of Oregon. He prophesied over forty years ago that Portland will become the most populous, the most wealthy and the greatest commercial city on the western coast of North America, and one of the greatest cities of the world. His predictions were based on the location.

He says, "Nature has destined Portland for one of the greatest cities of the world and man cannot change the edicts of nature."

Mr. Kincaid has spent a good deal of money and many years of thought and care, while carrying on his paper, in trying to induce people to "come west" and make a greater Oregon, which they are now beginning to do.

Fifty-five years ago Mr. Kincaid left the State of Indiana for Oregon, and was seven months making the journey. He says: "We had to travel 1,800 miles through a wilderness inhabited only by savage Indians and wild animals, across plains and valleys and numerous rivers and high mountain ranges, without roads or bridges and in many places without ferries. The changes that have taken place along that wearisome route through a wilderness, partly known as 'The Great American Desert,' in 55 years, are almost beyond belief. Then that great region did not contain a white settler. It was inhabited by Indians, buffaloes and wild animals. Now it contains thousands of homes and numerous railroads, and towns and cities every few miles. The changes that have taken place during the last 55 years are only a very slight indication of what will take place in the next 50 or the next 25 years."

Books and Periodicals

MISCELLANEOUS REVIEW

Life's Greatest Secret.

The Key to Health, Wealth and Love.

BY JULIA SETON SEARS, M. D.

This, the latest book by Dr. Sears, is a masterpiece. Its powerful vitality pervades all its pages.

Wherever Dr. Sears is known, either through her personal teaching, her lecturing or her writing, she is recognized as one of the strongest and most powerful exponents along New Thought lines.

Being a regular graduate physician who was for many years in active, general practice and having a natural scientific, as well as religious and philosophical mind, she has delved into the science, philosophy and religions of the past and present, and this, together with her unlimited experience with humanity in general, has fitted her for her great life's work, which is that of teaching the least, as well as the greatest, of God's children to heal themselves of disease, poverty and unhappiness and enable them to enjoy their God-given birthright of Health, Wealth and Love.

Several years ago the New Thought College was organized in Boston, Mass., and Dr. Sears was made its president. From a small beginning it grew and prospered, its students now being numbered by the thousands. In 1907 the headquarters of the New Thought College were removed to Carnegie Hall, New York City, where Dr. Sears is now located.

"The Key to Health, Wealth and Love" contains the basic principles of Dr. Sears's scientific and humanitarian investigations, the teaching of which has brought her the wonderful success she has achieved, and has rescued many lives from poverty and brought Health and untold Joy and Love to many seeking souls.

These lessons are an inspiration to the reader and bring new hope and courage, together with the strength and consciousness to carry out their teachings. He feels their vital force permeating his entire being as he turns the pages with an all-absorbing interest.

This book is the worked out judgment of many experiences and observations. It is founded on human psychology, human illumination, human sympathy, all combined into a great vital method of living, by which the least of mankind may learn the mystery of life and the control of human conditions.

"The Great Secret," which is way above and beyond the plane of competition, and which enables one to gain and retain Health, Wealth and Love is directly treated in a manner new to the minds of men.

A Few Press Notices.

"Read this book."—*Notes and Queries, Manchester, N. H.*

"Sane, definite and practical."—*Power, Denver, Colo.*

"Who wouldn't give 25 cents for health, wealth and love?"—*Daily News, Detroit, Mich.*

"The reader who follows carefully the logical arguments developed in this book will rise from the study strengthened, edified, instructed and in every way benefited by the contact of a master mind."—*Daily Times, Adrian, Mich.*

"Dr. Sears is a master of the principles of 'New Thought.' The constant use of this key would make new men and new women."—*Daily Times, Bayonne, N. J.*

"No soul can touch the consciousness brought to it through this illumined writer without being benefited by the contact."—*New Haven, Conn., Leader.*

This book is written for the masses and

is published in a popular size and at a popular price so as to be within the reach of all.

It contains 33 pages, 4½x6, neatly printed in good, readable type, on antique book paper; prettily bound in paper cover. Price 25 cents, postpaid anywhere.

For sale by THE STELLAR RAY Book Department.

The Introduction, by N. O. Nelson, to Bolton Hall's new book, *The Garden Yard*, is a most remarkable document.

Mr. Nelson does not merely say a few complimentary words about the author and his book, but practically agrees to furnish the money, to all those who desire to engage in agriculture, to buy the land.

He says: "Find, six, ten or a dozen and go together. Even if all are not relatives or friends they may be of the same class or trade.

To any such colony I will furnish the money to pay for all the land they need, and let them begin paying the cost price at the end of five years and finish in ten, with 4 per cent interest. They may pick the tract and bargain for the price. Upon their showing that the agreed number are ready to go, and are able to make the improvements and provide the working equipment, I will advance the money to pay for the land. They can divide up to suit themselves."

Price of *The Garden Yard*, \$1.00.
The Stellar Ray Book Dept.

The Garden Yard.

BY BOLTON HALL.

Whatever one may think of the causes of it, we certainly can not be satisfied with the desperate and dangerous poverty that goes with our prosperity and that we have been unable to check.

The most careful observation and study, from all points of view, and actual tests, show that the main hope of material im-

provement is in land reform; the first step to which is to get the people back to the land.

It is necessary, however, that they should know what to do with the land and how to do it; circumstances compel most of those who get the learning to get it gradually, and Bolton Hall's "*Garden Yard*" is specially adapted to show the professional man or the mechanical or clerical commuter, how to utilize such limited roods as he has to educate himself in gardening and at the same time to derive support from his yard.

* * * * *

The farmers however are the judges to whom the first appeal for intensive agriculture must be made, and, therefore, Mr. Hall's book, "*The Garden Yard*," addresses that class especially. It particularly advises their attention to the reading as well as the advice of the agricultural papers, he says that, except real estate brokers, no class is so willing to give expert advice for nothing as the editor of the agricultural paper.

This book is simple, complete, practical, proven. What more can one ask of a book? It is directed primarily to the commuter and to those who have a little bit of yard of their own, which might as well be contributing to their support as to the natural ugliness of the suburban neighborhood.

* * *

Revelations of the Life Beautiful.

BY EVALYN DAVIS.

Published by Baumgardt Publishing Co., Los Angeles, Cal. May be purchased of THE STELLAR RAY Book Department.

This book was quite extensively reviewed in the May STELLAR RAY, to which we refer our readers for a more complete description, and again call to it the attention of those of our readers who are spiritually minded: are unfolding the higher faculties or interested in the life beautiful, its thoughts and principles. It is handsomely bound in blue cloth, with gold lettering, enhancing through its outward appearance its value as a gift book, or as a choice bit of book making in keeping with its context. Price \$1.00, postpaid.

There is nothing in which people betray their character more than in what they find to laugh at.—*Goethe*.

In Tune With the Infinite, or Fullness of Peace, Power and Plenty.

By Ralph Waldo Trine.

Author of "What All the World's A-Seeking," "Character-Building Thought Power," etc. Bound in cloth, gilt top. Price, \$1.25. Thomas Y. Crowell & Co., publishers, New York. May be purchased of THE STELLAR RAY Book Department.

It has become almost a constant companion for many people in all parts of the world—published already in translation in eight different countries. Many a reader has received so much from it in his everyday life affairs, that he has purchased it for others at the rate of a dozen or more copies, some a score or more; one reader is known to have given to others, within a period of a few weeks, over five hundred copies; another within a period a trifle longer, upwards of two thousand copies. Of it the San Francisco *Bulletin* has said: "It is one of the simplest, clearest works ever written, dealing with the power of the interior forces in moulding the every-day conditions of life." The noted writer, Marie Corelli, has said: "One of my favorite books on this subject is Trine's 'In Tune With the Infinite.' There is scarcely a day passes that I do not read something from it."

Following we give the author's preface to this work:

"There is a golden thread that runs through every religion in the world. There is a golden thread that runs through the lives and the teachings of all the prophets, seers, sages and saviours in the world's history, through the lives of all men and women of truly great and lasting power. All that they have ever done or attained to has been done in full accordance with law. What one has done, all may do.

"This same golden thread must enter into the lives of all who today, in this busy, work-a-day world of ours, would exchange impotence for power, weakness and suffering for abounding health and strength, pain and unrest for perfect peace, poverty of

whatever nature for fullness and plenty.

"Each is building his own world. We both build from within and we attract from without. Thought is the force with which we build, for thoughts are forces. Like builds like and like attracts like. In the degree that thought is spiritualized does it become more subtle and powerful in its workings. This spiritualizing is in accordance with law and is within the power of all.

"Everything is first worked out in the unseen before it is manifested in the seen, in the ideal before it is realized in the real, in the spiritual before it shows forth in the material. The realm of the unseen is the realm of cause. The realm of the seen is the realm of effect. The nature of effect is always determined and conditioned by the nature of its cause.

"To point out the great facts in connection with, and the great laws underlying the workings of the interior, spiritual, thought forces, to point them out so simply and so clearly that even a child can understand, is the author's aim. To point them out so simply and so clearly that all can grasp them, that all can take them and infuse them into every-day life, so as to mould it in all its details in accordance with what they would have it, is his purpose. That life can be thus moulded by them is not a matter of mere speculation or theory with him, but a matter of positive knowledge.

"There is a divine sequence running throughout the universe. Within and above and below the human will incessantly works the Divine will. To come into harmony with it and thereby with all the higher laws and forces, to come then into league and to work in conjunction with them, in order that they can work in league and in conjunction with us, is to come into the chain of this wonderful sequence. This is the secret of all success. This is to come into the possession of unknown riches, into the realization of undreamed-of powers."

The life of the criminal is simply an unpoised life. If a person were perfectly poised, wrongdoing would be so repugnant that it would be unthinkable, says a writer in Success.

It is the one-sided, the unpoised mind that goes wrong. It is just as normal for the balanced mind to choose the right, the good, as for the magnet to draw to itself whatever is kindred.

Just as the needle in the mariner's compass always points to the north star, no matter how thick the fog or how the tempest rages, there is a needle within every human being which always points to the north star of rectitude, of right, of truth, no matter what storms of discord, of weakness or of crime may be raging in the individual mind. Nothing can prevent this little indicator from pointing to the right, no matter how far the individual may drift from it, how low he may sink in vicious living.

* * *

*The New Way To Health.
The New Way To Happiness.
The New Way To Power.*

By Charles Brodie Patterson. Published by Roger Bros., New York. For sale by THE STELLAR RAY Book Dept. Price 25 cents.

The above publications are pamphlets consisting of 20 to 30 pages, printed on superior paper with clear type, and artistically bound in cover papers of white, green and brown respectively. They form a series by this able and well known New Thought writer upon the "New Way"—No. 1, to Health; No. 2, to Happiness; No. 3, to Power.

* * *

Copy of Clipping from New Orleans Times-Democrat—March, 1909.

By Lillian Whiting.

Henry Clay Hodges, of Detroit, Mich., has for years been making scientific study of electric and magnetic influences as caused by planetary movements and the great laws of attraction and gravitation as operating through interstellar space. The effects of different polarizations of the sun and the moon produce great effects upon human life. The art of navigation is closely connected, Mr. Hodges believes, with these influences and currents in aerial space. In a new volume called

"Science and the Key of Life," Dr. Hodges discusses these great laws from both the astronomical and the magnetic side. Electric and magnetic phenomena are shown to be related to sidereal changes. The book is one of remarkable scope and power, on both the scientific and the psychic phases of life and progress.

* * *

The Girl of Sixty.

BY MADAM DE AVON.

Published by W. H. Coyle & Co., Houston, Tex.

This interesting and helpful book is dedicated by the author as follows:

"To you who have suffered. To you who have resolved to suffer no more. To you who will say, 'I will arise in the strength of my womanhood and claim my rightful inheritance, Beauty, Health and Prosperity.'"

This booklet contains over 60 pages of practical teaching upon the subjects of Beauty, Health and Prosperity. With each copy is enclosed a pamphlet containing circular on Hindu breathing exercises and simple physical exercises.

The price is 50 cents, postpaid, and may be purchased of THE STELLAR RAY Book Department.

Watch for the September Stellar Ray. It will be the most interesting of any that has yet been published. We repeat, look out for September Stellar Ray!

The Truth About New Thought.

BY JULIA SETON SEARS, M. D.

Contains thirty-one pages, 4½x6, very attractively printed on antique book paper, neatly bound in heavy paper cover. Price 10 cents, postpaid anywhere.

This is a lecture delivered by Dr. Sears before the New England Association of Ministers of one of the large denominational churches, and is a most powerful, yet simple, expose of the New Thought doctrines.

Those who are seeking truth always

know it when they find it, and this book is truth in a nutshell. It is written for those who want a clear, concise, practical answer to the ever-ready question, "What Is New Thought?" In the perusal of its message we get a better understanding of this modern movement and the principles upon which it bases its existence. It is invaluable as a guide to those who are interested in this new teaching.

For sale by THE STELLAR RAY Book Department.

Dog That Carries Mail.

Of all the mail-carriers that Uncle Sam has in this big country none is more novel than a dog out in Dayton, Kansas, whose duty it is to meet a passenger train twice daily and take the heavy mail sack to his master's store.

When the sharp whistle of the train is heard, "Nep," a big St. Bernard, gives an excited bark and hurries to the crossing. The mail clerk kicks the leather bag out of the car door and it falls somewhere in the vicinity of the road. Nep at once goes to the sack, and, carefully taking it by the middle, so that neither end will drag on the ground, walks sedately to the store, where he lays the sack down behind the counter by the side of the wooden letter-case, into which the mail is soon distributed.

Day after day he performs this task, rain or shine. The mail clerk watches for him, and the people of the community are as proud of him as they would be of a bright child.

Nep is four years old, but is two feet, seven inches in height, and weighs two hundred and fifty pounds. He has no difficulty in carrying the sack; though the mail is often very heavy with the weekly papers from the county seat, for his teeth are strong and he has carried over one hundred pounds as a test of his strength.

He seems likely to perform the semi-official task for many years to come, and the people of his community think that he is entitled to a salary for his services.

The train men do not forget to throw off something nice for him to eat on holidays, but, even though the gift is a toothsome bit of game or other meat, he never touches it until the mail of Uncle Sam is safe in the postoffice.—*Baltimore Herald.*

LET ME READ

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Mind, a really GOOD reading, it is based upon your handwriting. It will please you. Many say I am the best Graphologist in the country. Send the dime now; see for yourself; money refunded if not satisfied.

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CAST YOUR OWN HOROSCOPE

THE HOROSCOPE IS THE GRAND KEY TO LIFE. It will unlock the mysteries of your inmost being, revealing your thoughts, desires, passions, ambitions, success, hopes and wishes in life.

THE ASTROLOGICAL KEY TO LIFE. Teaches you how to cast the HOROSCOPE; it is so simple that anyone can master it in an hour. Gives you a full and clear rendering of all the various planetary positions and aspects of the HOROSCOPE. It reveals to you the nature of the events of life by the arcs of direction. It teaches you how to control yourself so as to gain the greatest good and long life.

Henry Wagner, M. M., writes: "We find you have four books in one, which makes it very desirable and cheap for the general public."

The eminent lecturer and author, Prof. Hazeldine, writes:

"My Dear Sir—Many thanks indeed for the copy of 'The Astrological Key to Life' recently received, and it gives me great pleasure to be able to say that it is a valuable addition to any Astrologist's library. It most certainly shows the results of many years of careful and persistent study and practice, fifteen of which I personally know it has received from you."

"The points which I consider so much in its favor are first that it incorporates the principles of all the expensive works with much new added matter, therefore students get for \$1 what they would under ordinary circumstances have to pay at least \$12.50 for. Next, the tables on the Faces of the Signs are remarkably clear and must prove of great value to all corrections of the Rising Sign, etc.; and thirdly, the Table of Aspects is an entirely new method but most simple and practical in every detail. I wish you every success that your books well merit. With kind regards, cordially yours, Norton F. W. Hazeldine."

The **ASTROLOGICAL KEY TO LIFE** is the book you want; it is suitable for the beginner, student and practitioner. Price in paper, \$1.00; in half leather binding, \$2.00.

Address **JAMES D. KIEFER,**

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HOW deep are you going to sink in the quicksands of mysticism, while following the "cult's" advice of raising yourself by your own bootstraps?

Why not raise yourself by grasping your opportunities, and learn to know them through self-adjustment to the cause of the causes?

Would you listen to one who after seven years' wrestling with the foolish problem of perpetual motion asks humanity to reflect on the equally erroneous and wholly egotistical illusion of Free will? If a wheel is free to turn, does it turn itself? If the mind is free to choose, does that prove freedom?

Think it over and inquire how Astrology connects celestial and human dynamics.

Address, L. E. JOHNDRO, Exchange Place Bldg., Rochester, N.Y.



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If you want to make the most of each passing day—if you want to make the most of your opportunities and materialize your desires—if you want to look ahead and choose a harmonious and profitable date to make a change, take a successful journey, start a new undertaking, etc., and if you would like to know the influence of planets upon life and its affairs according to the latest developments in practical Astrology the "Planetary Daily Guide" is just the work you need. Subscribe for The Stellar Ray now and receive this valuable work free with your subscription. Price \$1.00 per year.

Mysticism, Ancient and Modern.

Among the points of analogy between Spiritualism and Mysticism must be counted the nature of the historical evidence for both. Just as it is a part of our argument for the reality of spirit phenomena that similar manifestations have been asserted to occur at all periods of which we have record, so the typical experiences of mysticism have been repeated, with essential concordance, among devout and earnest men and women of all ages and, it may be added, of widely divergent religious opinions. Mystical illumination differs from the perception by psychics of individuals who have survived death, and who send us messages, in that it relates to phases of reality of which the recently departed have as a rule but little to tell us. They do not progress in a moment, by the fact of leaving the body, from ignorance to universal knowledge; some still on earth are wiser than many who are in the spirit world, and similarly it has been the privilege of certain persons, while still in the body, to realize for themselves truths which are as yet unknown to those who are only beginning a long course of soul-development in the Beyond.



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The Ideal Food Medicine for Brain-workers, the over-worked, busy man, or the care-worn nervous woman.

A remarkable discovery has been made in the Alfalfa plant which chemical analysis shows to contain most of the elements which go to make up the ingredients of the human body. Already the ingredients of this medicinal food plant have been used with remarkable results, and a well-known expert has testified after a careful analysis that Robinson's famous **Alfalfa-Nutrient** contains no alcohol, poisonous drugs, narcotics, opiates, or deleterious ingredients of any kind.

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The Alfalfa plant has been known for its wonderful fatening properties, but not until recently has it been known to be a specific for weak nerves, indigestion, dyspepsia, Constipation, Catarrh, Loss of Appetite, Weak Circulation, Blood Impurities, Pimples Complexions, Sallow Face, Dead Looking Eyes, General Weakness, Lack of Ambition, Kidney Troubles, Torpid Liver, Rheumatism, Locomotor Ataxia, Anemia and Female Troubles.

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Miss Maud Howe, 375 Manhattan Ave., N. Y. City, writes:

"I was very anemic, thin and run down. Four boxes of Alfalfa cured me, and Alfalfa-Nutrient will give you such a vivacious feeling, put strength in your nerves, rich blood in your veins, regularity in your bowels and have all your vital organs working in such splendid order, that your face will clear up at once, your complexion become velvety and rosy, and your whole body bound with new life and vigor. I owe my present, perfect physical health alone to Robinson's Alfalfa-Nutrient which of all the Blood and Nerve remedies I have tried is certainly the best."

To prove to anyone that this is absolutely true, we will send for 4c postage a 35c ten day treatment of Alfalfa-Nutrient in plain sealed package with 56 page scientific booklet "How to Develop the Form and Secure Perfect Health." Lady and gentlemen as'ts wanted. Write today for free trial. **Alfalfa Chemical Co., 780 Unity Bldg., Chicago.**

Osteopathy in a Nut Shell

The new edition of Dr. Goetz's "**Manual of Osteopathy**" revised and enlarged is just out. Tells you how to treat all diseases successfully, **WITHOUT DRUGS**, by a series of manipulations (not massage) with the accessories of Diet, Baths and Exercise.

It is the only book of its kind on the market which gives an illustration for each movement or manipulation necessary to bring sure success.

Osteopathy is not new, but most people who do know of it have not had the opportunity of procuring a book on the subject, with illustrations and instructions simply written that anyone without previous study can apply.

THIS IS YOUR CHANCE

Readers of this journal will find this an excellent work on the science and is written for you and others who have neither time nor inclination to take a college course.

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The immediate experience of a divine Presence, common to the spiritually illuminated of all ages, is admirably set forth in "Studies in Mystical Religion," by Rufus M. Jones, M. A., D. Litt., of Haverford College,* Pennsylvania (London, Macmillan), in which the author gives a careful and systematic account of all the great mystical movements from the early days of Christianity. Mysticism itself has various phases: there is the occasional transcendental vision and there is the life lived in conformity with an assurance of the perpetual presence of God, an inward light making itself manifest as character. Dr. King uses the word in the latter or more normal sense, as distinguished from special and temporary exaltations of consciousness, and defines it as expressing "the type of religion which puts the emphasis on immediate awareness of relation with God, a direct and intimate consciousness of the Divine Presence. It is religion in its most acute, intense, and living stage." Transcendental visions are treated with some suspicion, as being possibly, in some cases at least, due to suggestion, or even as evidences of hysteria. But, he continues:

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2. Man cannot be limited without limiting God; for God is manifest in and through His creation; and God is omnipotent.

3. Opulence is the Law of Life, for Spirit is the substance of all things, and Spirit is Infinite.

4. Poverty is a crime, for to remain poor in substance is to have buried the talent (**understanding**) given you by the Father, for use in moulding this substance to your good.

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7. If you knew how to bring into accessible use these powerful forces which, when wisely controlled, PROVE that man IS limitless; that Opulence is the Law of Life; that it is a crime to be poor; that you cannot limit man without limiting God—would you not do it?

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Among mediæval mystics, whose works and teachings are described, we have John Scotus Erigena, to whom the visible universe was only an "appearance," or shadow of the real, changeless world, and God was to be found in the depths of the soul, because the soul at bottom is of God. Then there were the Waldenses, as to whom a "heresy hunter" of the period says that they were recognizable by their modesty and precision of speech, their temperance and industry. St. Francis "restored the joy of religion," "discovered again the meaning of love, and made his life a continuous exhibition of it." The thirteenth century was marked by the origin of two remarkable groups of communities—brotherhoods and sisterhoods—whose name survives in the numerous *beguinages* still to be found in Belgium. To the succeeding century belongs the name of Meister Eckhart, in Germany, and then arose the sects known as the "Friends of God," among whom John Tauler was prominent, and their successors in Holland, the "Brethren of the Common Life," to which Thomas a Kempis belonged; while the Anabaptists appear to have continued the same movements towards fraternal simplicity.

England also had its mystics in the pre-Reformation days; William of Occam, Richard Rolle, and Wycliff himself, who is described as the "prophet-statesman," for whom "the times were ripe," and who was to "throw himself into the task of breaking the yoke of bondage and of guiding the people, the nation, to freedom, peace, and God." At the time of the Reformation we have the Family of Love, originating in Westphalia, but having branches in England, who taught purity of life, human brotherhood, and spiritual guidance; and at the period of the Commonwealth the Quak-

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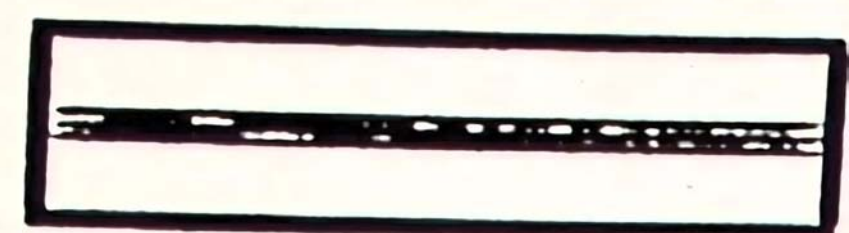
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THE editor of THE STELLAR RAY takes pleasure in announcing that this magazine has greatly increased the facilities of its Astral Science Department. We are prepared to give greater attention in the future, to the casting of horoscopes and the spreading of that personal knowledge among our large family of subscribers and readers, that is so important to the true living and the true development. In an article entitled "What Parents and Guardians Ought to Know," elsewhere in this number, is fully explained to you, the importance and necessity of the right kind of guidance for children, according to the influences that are expended upon them by the Stellar bodies. It is also the duty of each one of us to know and appreciate the conditions that surround our own existence, so that we may, by the proper use of the knowledge which our horoscopes give us, get the most of happiness, health and success out of our lives. This is not a matter to be passed over lightly, but should be given the best thought and attention of all. The science of planetary influence affords accurate information upon the important subjects of individual adaptation, mental and physical characteristics of dangers, accidents, marriages, birth of children, sickness, health and success. THE STELLAR RAY Horoscopes are guides to success because they warn of breakers ahead and foretell the most favorable periods for prospective enterprises. They assist to harmonious marriage. Write to the Astral Science Department of THE STELLAR RAY for blanks and price list, enclosing stamp and you will receive further particulars.



Repairing The Body

Nature does that if you give her the material to do it with, in form so she can use it. All material must be prepared for use. If you were repairing a brick house, lime and sand would be of no use unless it was properly mixed with water; and a tree would be of no use until it was sawed into lumber. The food that you eat is not ready for immediate assimilation. It must be chewed and mixed with saliva, then churned and mixed in the stomach and digested with acids, then mixed with the alkaline secretions in the duodenum, and then as it passes the little mouths along the intestines, each set takes some particular part out of the mass and appropriates it for the repair of organs and to replace wornout tissues everywhere. If for

some reason, like overwork, the little absorbents fail to take up the special elements they are designed to handle, then there is a shortage of that particular element. That is mal-assimilation and means ill-health. If at this time a specially prepared supply of elements is given the system, ready for immediate assimilation, so as to supply the unusual demand caused by the overwork, then the little absorbents can resume work as before, and the ill-health is gone. This is the sensible way to get rid of it. The usual way is to pour into the intestinal tract a lot of foreign substances, thus arousing the system to a desperate effort to prevent the absolute destruction of the body. This is called "stimulating" the body or certain functions, and the foreign substances are called "stimulants," "alteratives," "tonics," etc. Their so-called action is the reaction of the system against them. They are poisons, differing only in degree. Some kill at once, others more slowly, and others maim, cripple, and incapacitate. All injure, for it is a repetition of the overwork which brought on the original trouble. When you stimulate you cause the organ stimulated to do more work than it is prepared to do properly, so it is followed by depression as the system is not able to keep up the pace. Alcohol is not the only stimulant, nor the use of intoxicating liquors the only intemperance. Any element which stimulates, whether used as a food or a medicine, is intemperate, unreasonable and destructive. When your system needs help, use the elements which it uses in health, and the result will be health. Such elements are found in the Ensign Remedies in form for immediate use for repairing the body. Find out about them by reading our literature. We have booklets on General Diseases, Women's Diseases, Varicose Veins and Varicocele, The Heart, and numerous leaflets. All or any free for the asking. They will interest you.



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